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# Wilton Social Services Commission Regular Meeting Thursday, October 12, 2017 at 6:00 PM Senior Center Lounge at Comstock Community Center

**Present:** Genevieve Eason, Sarah Heath, Danielle Mancuso, Paul Nisco, Michael O'Connell, Christine Tenore, Judy Zucker

### **Guests:**

### 1. Welcome

Genevieve welcomed commissioners to the meeting.

2. Acceptance of the minutes of the meeting on September 14, 2017

Having no additions or changes, the minutes were accepted as submitted.

# 3.Director's Report

Sarah reviewed the report that was previously submitted to Commissioners and answered questions. Paul would like to work with the department on how to get the word out about what they do.

4. Review of commissioners' term start and plan for next meetings

Sarah distributed a spreadsheet with commissioners' term start and end dates. Because commissioners' terms start on Dec. 1, Lynne Vanderslice suggested that our schedule should be organized by calendar year, rather than by school year as our commission has done traditionally. The charge will need to be changed in order to do this. We will draft a change and send it to the Board of Selectman for approval. If that change is approved, at the December meeting

we will elect the chair and other officers, set the calendar for 2018, and select liaisons to community organizations.

At the November meeting, we plan to review the Freedom of Information requirements.

5. Discussion: Follow up on guest speaker conversation at September meeting

Sarah invited Bob Nerney of Planning and Zoning to speak to the commission about affordable housing in Wilton. He will join us on Nov. 9.

Lauren Hughes will join us in December and Colleen Fawcett in January.

Pam reported by email that she can ask Lynn Sapphire from United Healthcare to come speak to the commission, if we would like. We need to confirm the topic.

Christine is familiar with a presentation by AARP on elder abuse, specifically scams that target seniors. We might invite a representative to present to commission.

## 6. "Wellness Month" update

Genevieve gave an update on the Wellness Month table at the Wilton Family Y. The table was in the lobby from 9:00 to noon on Monday, October 2. Sarah and Phoebe were each there about half of that time, in addition to Genevieve. About 25 people stopped by the table and picked up information on mental health and wellness, and 7 took the mental health screening. Several more picked up info cards with the website where they can take the screening from the privacy of home.

Genevieve shared a calendar of events throughout the month in our region. The calendar can be accessed at HealthyMindsCT.org.

# 7. Adjourn at 7:19

Next meeting – November 9

Respectfully submitted,

Mike O'Connell, Secretary