
POSITION STATEMENT
UTILIZATION OF 100 FOOT BUFFER ZONES TO PROTECT RIPARIAN AREAS
IN CONNECTICUT
BY
BRIAN D. MURPHY
TECHNICAL ASSISTANCE BIOLOGIST
INLAND FISHERIES DIVISION

I. INTRODUCTION

One tenet of the Inland Fisheries Division Policy on Riparian Corridor Protection is the utilization of a 100 foot buffer zone as a minimum setback along perennial streams. The adoption of such a policy is sure to be controversial. Laymen, developers and natural resource professionals alike will ask questions such as: Why was a standard setting method adopted? What's magical about 100 feet? Will 100 feet be sufficiently protective, or will it be overly protective? In response, this paper outlines the ramifications of adopting a riparian corridor policy including the use of a 100 foot buffer zone.

II. STANDARD SETTING VERSUS SITE SPECIFIC BUFFER ZONES

There are two approaches for determining buffer zone width; standard setting and site specific. Standard setting methods define an area extending from the streambank edge or highwater mark to some landward fixed point boundary. Site specific methods utilize formulas that incorporate and consider special site specific land characteristics, hence, the calculation of a variable width buffer zone. In both case, buffers are employed to define an area in which development is prohibited or limited.

A major advantage of standard setting methods is that they are easy to delineate and administer, thereby improving the consistency and quality of environmental assessments. Furthermore, valuable staff time would not be required to determine site specific buffer zones along each and every watercourse of concern.

The exact width of a buffer zone required for riparian corridor protection is widely disputed (Bottom et al. 1985 and Brinson et al. 1981). Buffer width recommendations found in the literature vary from as little as 25 feet to as great as 300 feet (Palfrey et al. 1982). The 100 foot buffer is widely accepted in Connecticut having been adopted by numerous inland wetland and conservation commissions as an appropriate minimum setback regulation for streambelts. In addition, Division staff have been recommending the utilization of the 100 foot buffer zone to protect streambelts since the early 1980's. Scientific research has not been generated to dispute the adequacy of utilizing 100 foot buffer zones to protect Connecticut's riparian corridors. In fact, to ensure that riparian functions are not significantly altered, recent scientific information points towards maintaining buffer zones that would be at a minimum, 100 feet in width (see section III).

Site specific methods define buffer widths according to the character and sensitivity of adjacent streamside lands. These buffer widths, also referred to as "floating buffers," consider physical site characteristics such as slope, soil type, and vegetative cover. The advantage of site specific methods is that buffer widths are designed using site characteristics and not an arbitrary predetermined width. Unfortunately, there is no "one" universally accepted formula or model and none have been developed for use in Connecticut. Most formulas are based on the degree to which sediment can be removed or filtered by natural vegetation, thus, the primary useage is sediment control. Other weaknesses of site specific techniques are (1) all areas must be evaluated on a case-by case basis and, (2) the subjectivity of different techniques (i.e. if the evaluation technique is inadequate, the buffer width will also be inadequate).

Additionally, these formulas only concentrate on one specific riparian function at a time and do not take into account multiple riparian functions, especially those of inland fisheries values as discussed in Section III. Consequently, site specific formulas approach riparian function on a single dimension rather than taking a more realistic, holistic approach.

In the absence of a scientific model to determine buffer widths suitable to protect Connecticut's riparian corridors, the utilization of a standard setting method is environmentally and politically prudent.

III. RIPARIAN FUNCTION

To assess the efficacy of a 100 foot buffer zone, the literature was searched to identify studies which have applied a quantitative approach to buffer width determination. Literature was searched for studies which both support and dispute the 100 foot zone. The following is a summary "by riparian function" of quantitative studies which assess buffer widths.

Sediment Control

Width, slope and vegetation have been cited as important factors in determining effectiveness of buffer zones as sediment filters (Karr and Schlosser 1977). Wong and McCuen (1981), who developed and applied a mathematical model to a 47 acre watershed, found that a 150 foot zone along a 3% slope reduced sediment transport to streams by 90%. Mannering and Johnson (1974) passed sediment laden water through a 49.2 foot strip of bluegrass and found that 54% of sediment was removed from the water. Trimble and Sartz (1957) developed recommendations as to width of buffer areas between logging roads and streams to reduce sediment load. They determined a minimum strip of 50 feet was required on level land with the width increasing 4 feet for each 1% slope increase. Buffer widths as determined by Trimble and Sartz (1957) have been characterized as evaluated guesses rather than empirically defined widths (Karr and Schlosser 1977). Rodgers et al. (1976) state that slopes greater than 10% are too steep to allow any significant detention of runoff and sediment regardless of buffer width. After a critical review of the literature, Karr and Schlosser (1977) determined that the size and type of vegetative buffer strip needed to remove a given fraction of the overland sediment load cannot be universally quantified. Existing literature does suggest that 100 foot riparian buffers will assist with sediment entrapment, although efficacy will vary according to site conditions.

Temperature Control

Brown and Brazier (1973) evaluated the efficacy of buffer widths required to ameliorate stream water temperature change. They concluded that angular canopy density (ACD), a measure of the ability of vegetation to provide shading, is the only buffer area parameter correlated with temperature control. Results show that maximum angular canopy density or maximum shading ability is reached within a width of 80 feet. Study sites were 9 small mountain streams in Oregon that contained a conifer riparian vegetative complex. Whether or not maximum angular canopy density is reached within 80 feet in a typical Connecticut deciduous forest riparian zone is doubtful. Tree height in Connecticut riparian zones is smaller than in Oregon (Scarpino, personal communication), therefore buffers greater than 80 feet in width would be required for temperature maintenance in Connecticut.

Nutrient Removal

Nutrient enrichment is caused by phosphorous and nitrogen transport from, among other things, fertilized lands and underground septic systems. Most research on nutrient enrichment has focused on overland surface flow. Karr and Schlosser (1977) report that 88% of all nitrogen and 96% of all phosphorous reaching watercourses in "agricultural watersheds" were found to be attached to sediment particles; thus, successful nutrient removal can be accomplished through successful sediment removal. There are conflicting reports on the ability of buffer widths to remove nutrients with most research being tested on grass plots. Butler et al. (1974) as cited by Karr and Schlosser (1977) found that a 150 foot buffer width of reed canary grass with a 6% slope caused reductions in phosphate and nitrate concentrations of between 0-20%. Wilson and Lehman (1966) as cited by Karr and Schlosser (1977) in a

study of effluent applied to 300 m grass plots found that nitrogen and phosphorous concentrations were reduced 4 and 6%, respectively. Studies on subsurface runoff as cited in Clark (1977) found high concentrations of nitrates at 100 feet from septic systems with unacceptable levels at 150 feet. Clark (1977) recommended that a 300 foot setback be used whenever possible, with a 150 setback considered adequate to avoid nitrate pollution. Environmental Perspective Newsletter (1991) states that experts who commonly work with the 100 foot buffer zone set by the Massachusetts Wetlands Protection Act are increasingly finding that it is insufficient since many pollutants routinely travel distances far greater than 100 feet with nitrate-nitrogen derived from septic systems moving distances of greater than 1000 feet. Research indicates that the adoption of 100 foot buffer widths for Connecticut riparian zones will assist with the nutrient assimilation; albeit, complete removal of all nutrients may not be achieved.

Large Woody Debris

The input of large woody debris (LWD) to streams from riparian zones, defined as fallen trees greater than 3 m in length and 10 cm in diameter has been recently heralded as extremely critical to stream habitat diversity as well as stream channel maintenance. Research on large woody debris input has mainly been accomplished in the Pacific Northwest in relation to timber harvests. Murphy and Koski (1989) in a study of seven Alaskan watersheds determined that almost all (99%) identified sources of LWD were within 100 feet of the streambank. Bottom et al. 1983 as cited by Budd et al. (1987) confirm that in Oregon most woody structure in streams is derived from within 100 feet of the bank. Based on research done within old-growth forests, the Alaska region of the National Marine Fisheries Service, recognizing the importance of LWD to salmonid habitat, issued a policy statement in 1988 advocating the protection of riparian habitat through the retention of buffer strips not less than 100 feet in width (Murphy and Koski 1989). All research findings support the use of a 100 foot buffer zone in Connecticut for large woody debris input.

Food Supply

Erman et al. (1977) conducted an evaluation of logging impacts and subsequent sediment input to 62 streams in California. Benthic invertebrate populations (the primary food source of stream fishes) in streams with no riparian buffer strips were compared to populations in streams with buffer widths of up to 100 feet. Results showed that buffer strips less than 100 feet in width were ineffective as protective measures for invertebrate populations since sediment input reduced overall diversity of benthic invertebrates. Buffer strips greater than 100 feet in width afforded protection equivalent to conditions observed in unlogged streams. The ultimate significance of these findings is that fish growth and survival may be directly impacted along streams with inadequate sized riparian buffer zones. All research supports the feasibility of implementing a 100 foot buffer zone in Connecticut to maintain aquatic food supplies.

Streamflow Maintenance

The importance of riparian ecosystems in terms of streamflow maintenance has been widely recognized (Bottom et al. 1985). In Connecticut, riparian zones comprised of wetlands are of major importance in the hydrologic regime. Riparian wetlands store surplus flood waters thus dampening stream discharge fluctuations. Peak flood flows are then gradually released reducing the severity of downstream flooding. Some riparian wetlands also act as important groundwater discharge or recharge areas. Groundwater discharge to streams during drier seasonal conditions is termed low flow augmentation. The survival of fish communities, especially coldwater salmonid populations is highly dependent upon low flow augmentation (Bottom et al. 1985). Research, although documenting the importance of riparian zones as areas critical to streamflow maintenance, has not investigated specific riparian buffer widths required to provide the most effective storage and release of stream flows.

IV. OTHER POLICY CONSIDERATIONS

Measurement Determination

The proposed policy states that buffer zone boundaries should be measured from either the edge of the riparian inland wetland as determined by Connecticut inland wetland soil delineation methods or in the absence of a riparian wetland, the edge of the streambank based on bank-full flow conditions. This boundary demarcation is absolutely necessary to ensure that all riparian wetlands are protected. For example, if all measurements were to start from the perennial stream edge and extend landward for a distance of 100 feet, many riparian zones that contain expansive wetlands greater than 100 feet in width would be left unprotected.

Also, since boundary demarcation includes wetland delineation, the ultimate width of the buffer will vary according to site specific features. Consequently, buffer width determination as stated by Division policy is a "hybridization" of both standard setting and site specific methods. This hybridization of methods is advantageous since it acknowledges the sensitivity of streamside wetlands.

Home Rule

Where the Division policy is not in consonance with local regulations and policies regarding riparian corridor buffer zone widths, local authorities would be encouraged to adopt the more restrictive regulations and policies. This feature incorporates flexibility to acknowledge the importance of local "home rule" regulations or policies already in accepted practice. Conversely, towns and cities without accepted policies and regulations could choose to enact the Division policy.

Allowable Uses in Buffer Zones

The Division policy states that "the riparian corridor buffer zone should be retained in a naturally vegetated and undisturbed condition and that all activities that pose a significant pollution threat to the stream ecosystem should be prohibited." In essence, the buffer zone becomes an area where no development should be allowed. For this policy to be effective, there should be no exceptions, a blanket restriction of all uses would be recommended. Further clarification and more precise definitions of allowable uses will, however, be required in the future if the policy evolves into a departmental regulation.

Recently, the Connecticut Supreme Court has ruled that local agencies can prohibit specific development within buffer zones. The *Lizotte v. Conservation Commission of the Town of Somers*, 216 Conn.320 (1990) decision ruled that the construction or maintenance of any septic system, tank, leach field, dry well, chemical waste disposal system, manure storage area or other pollution source within 150 feet of the nearest edge of a watercourse or inland wetland's seasonal high water level can be prohibited (Wetlands Watch 1990). If this decision is a precursor of the future, Connecticut courts will continue to support the use of buffers, especially those which restrict or prohibit detrimental activities.

V. CONCLUSIONS

The following actions are required to preserve, protect, and restore Connecticut's riparian corridors:

1. The Inland Fisheries Division needs to adopt and implement the proposed policy so that staff can use it as a guideline to assist cities, towns, developers and private landowners with making sound land use decisions. This policy will act to solidify a collective position concerning riparian corridor protection.
2. While the proposed policy in its "current form," represents a recommendation from the CTDEP Inland Fisheries Division, the ultimate goal of the Division should be to progressively implement this policy as either a CTDEP regulation or State of Connecticut statute.

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