

WILTON PARKS & RECREATION

2023-24 FALL/WINTER BROCHURE



Office located at

COMSTOCK COMMUNITY CENTER

180 SCHOOL ROAD, WILTON, CONNECTICUT 06897

(203) 834-6234

<https://www.wiltonct.org/parks-recreation-department>



REGISTRATION FOR ALL PROGRAMS START ON WEDNESDAY

8/23/23

Wilton Parks & Recreation Department Information.....

Wilton Parks & Recreation Programs

☐ Pre-School.....

.....

Mini-Kickers/Tiny Kickers.....

Gym Class Heros.....

Mike Garrity's Beginner Basketball.....

US Sports Institute.....

TinkerGarden.....

☐ Youth/Young Adult.....

IST baseball Clinics.....

Baseball Hitting League.....

High School Basketball – Pre-Season Conditioning

Lax Machine Lacrosse.....

Guitar Lessons.....

Intramural Sports.....

Dodgeball.....

Ballroom Dancing.....

Fall Tennis Lessons

Comstock Basketball

Comstock Floor Hockey.....

Mike Garrity's Kids FUNdamentals

Junior Warrior Basketball

Warrior Recreational Basketball

H.S. Recreational Basketball League.....

Dog Obedience Class.....

After School Care.....

Encore Dance.....

Cider Mill Conditioning.....

Fencing – Youth Foil Fencing.....

Vacation/No School Camps.....

Winter Indoor Tennis.....

HS Strength Training.....

☐ Young Adult/Adult.....

Adult Basketball League.....

Personal Training.....

Fitness Center

Thunder Ridge Skiing.....

Become a Certified EMT

Tremblemakers.....

WILTON FIRST SELECTWOMAN

Lynne Vanderslice

WILTON PARKS & RECREATION STAFF

Office Hours: Monday – Friday 8:30 AM – 4:30 PM

Director: Steve Pierce

steve.pierce@wiltonct.org

Administrative Manager: Kregg Zulkeski

kregg.zulkeski@wiltonct.org

Program Director: Jim Lewicki

jim.lewicki@wiltonct.org

Administrative Secretary: Bev Hodge

beverly.hodge@wiltonct.org

Parks Superintendent: Doug Katz

douglas.katz@wiltonct.org

Parks Lead Crewman: Elio Mignogna

Parks Crewman: Mike Pirre

Parks Crewman: Frank Lema

Parks Crewman: Tim Teixeira

Parks Crewman: Tom Perry

WILTON DIAL-A-RIDE STAFF

Driver: Yves Magnin

Driver: Ian Edwards

Driver: John Miscioscia

Driver:

WILTON PARKS & RECREATION COMMISSION

Chairperson: John Macken

Commissioner: Alix Korpan

Commissioner: Andrew Maria

Commissioner: Mark McAndrews

Commissioner: George Schmidt

WILTON PARKS & RECREATION OFFICE

WILL BE CLOSED:

September 4.....Labor Day

October 9.....Columbus Day

November 23 & 24.....Thanksgiving

December 25Christmas

January 1st.....New Year's

January 15.....Martin Luther King, Jr. Day

February 19.....Presidents' Day

March 29.....Good Friday

May 27.....Memorial Day

HELP WANTED

The Wilton Parks & Recreation Department is looking for qualified individuals for the following **Fall/Winter** positions:

Basketball Supervisors / Scorekeepers



ROUTE 7 COURT LIGHTS

In an effort to **conserve electricity**, we respectfully request all patrons playing tennis during the evening to turn off the lights before leaving. If your group is the last to leave the courts, please turn off the lights by manually turning the lights off on the light switch. The light switches are located next to the pavilion on the side near Wilton Deli or on the gate of Courts 7 & 8. We thank you for your cooperation!

INFORMATION LINE

Information regarding program cancellations and/or other general program information will be announced and updated, as needed, by the Wilton Parks and Recreation staff. **To find out the status of any Parks and Recreation event or program at any time of day, please call (203) 454-5188 and listen for the recorded message.**

WILTON DIAL-A-RIDE PROGRAM

(Hours of Operation: 9:15 AM - 3:45 PM)

This town service provides van transportation for Wilton seniors and disabled individuals to destinations within town boundaries. This service is available Monday through Friday from 9:15 AM to 3:45 PM year round, excluding town holidays and during inclement weather. **Reservations must be made 24 hours in advance by calling (203) 834-6235 ext. 1. Fee: \$2.00 per round trip.**

**NORWALK DIAL-A-RIDE PROGRAM**

The Town of Wilton provides a second van that travels from Wilton to selected points in Norwalk. This service runs two days a week (Tuesdays and Thursdays) from 9:15 AM to 3:45 PM. (The cost for a round trip to Norwalk is \$4.00.)

FACILITY RENTAL INFORMATION

The Comstock Community Center has a variety of rooms available for rental. For more information regarding rentals, please call Steve Pierce at (203) 834-6234 ext. 6.

REFUND POLICY

Refunds are issued only in the following circumstances:

- If a program is cancelled by the Wilton Parks & Recreation Department.
- On request for medical reasons, injury or relocation.
- If we can replace the participant's spot from a waitlist.

WILTON PARKS & RECREATION REFERENCE INFORMATION

Town of Wilton:

Senior Net:

Dial-a-Ride:

Continuing Education:

Wilton Parks & Recreation #:

Parks & Recreation Website:

P&R Cancellation/Information #:

P&R Office Fax #:

Parks & Grounds Department:

Wilton Basketball Association:

Wilton Baseball & Softball:

Wilton Youth Football (FCFL):

Wilton Lacrosse:

Wilton Soccer:

Children's Theatre:

Wilton Field Hockey Association

wiltonct.org

(203) 834-6410

(203) 834-6235

wilton.k12.ct.us

(203) 834-6234

wiltonparksandrec.org

(203) 454-5188

(203) 834-6323

(203) 834-6233

wiltonhoops.org

thewbsa.com

wiltonyouthfootball.org

wiltonlax.org

wiltonsoccer.info

wiltonchildrenstheater.org

wiltonhsfieldhockey@gmail.com



TINY KICKERS/MINI KICKERS

NOTE: For ages 18 months to 5 years.

A fantastic first soccer experience for young children! It is a fun introduction to the sport through a series of exciting, stimulating soccer games in a safe, enjoyable environment. Basic soccer skills will be taught each week. Parent participation with the youngest group and passive parent participation with the older group in classes that use props, songs and imaginative games that help to build the child's confidence, self-esteem and social interaction. Each player will have a ball and will learn through fun, developmentally appropriate high energy/low energy games and basic soccer skills. FUN, FUN, FUN!!!

Instructor:	Ct Soccer Network
Where:	Comstock Field / Comstock Gym
Day:	Friday
Dates:	9/15 to 11/3
Time:	9:30 to 10:00 AM (Tiny) 10:15 to 11:00 AM (Mini) 8 classes per session
Resident Fee:	\$175.00 Non-Resident: \$185.00 (Tiny)
Resident Fee:	\$175.00 Non-Resident: \$185.00 (Mini)

BASEBALL HITTING LEAGUE**GRADES 3-8****Resident Fee: \$130 Non-Resident Fee \$140**

The Wilton Parks & Recreation Hitting Leagues gives players a chance to work on their hitting skills & compete against their friends in a fun and safe environment. The 6 week seasons runs throughout the winter. All games are held in the hitting tunnel at Wilton Parks and Rec. Players are placed on a new team every week and depending on how hard and where they hit it in the cage, they will receive a certain number of points. This program is instructed by a former college baseball player and former member of the Wilton High School Baseball coaching staff.



Instructor: Eddie Klukojc
Where: Comstock CC
Day: Monday
Times: 2:15 to 3:15 PM Baseball (3rd-5th)
 3:15 to 4:15 PM Baseball (6th-8th)
Dates: 12/4 to 1/29 (session #1)
 2/12 to 3/25 (session #2)
No Class: 12/25, 1/1, 1/15, 2/19

AFTER SCHOOL CARE**Grades K-5**

Parks and Recreation's after school care program combines all the fun of summer with the excitement of holidays and changing seasons while meeting the needs of parent's after school child care. Free time, homework sessions, reading time, and sports and games are amongst a typical day at after school care. After school care runs year-round – enrollment is for the entire school year with quarterly payment available. Park & Rec follows the School schedule.

1 day per week - \$2250
2 days per week - \$2800
3 days per week - \$4000
4 days per week - \$5050
5 days per week - \$5600
Drop in option available - \$50 per day



IST AFTER SCHOOL PRO BASEBALL CLINIC

Cider Mill: hitting, fielding, throwing, base running program

Clinics will focus on supplementing fall season games and practices with more focused skills development. Each day players will be brought through a series of drills to improve their hitting, fielding and pitching technique. Players will also learn how to react during game situations. For grades: 3rd to 5th.

Instructor: IST Instructors

Time: 2:30-3:30

Where: JV Softball Field or Comstock Field

Baseball- Tuesday Sept 19, 26, Oct 3, 10, 17, 24

Baseball- Thurs Sept 21, 28, Oct 5, 12, 19, 26

(Oct 10th, Parents must bring Child)

We will pick up the kids at 2:15 in the South exit and bring them to the field. They should pack a snack for before the clinic. Please also pack cleats, a glove & sports clothing. Programs are not pro-rated due to missed sessions.

Miller/Driscoll: Introduction to hitting, fielding, throwing, base running

The Miller/Driscoll programs will focus on introducing all aspects of baseball/softball to participating players. Each day players will be brought through a series of drills to improve their hitting, fielding and pitching technique. Players will also learn how to react during game situations. For grades: K to 2nd.

Instructor: IST Instructors

Time: 3:30-4:30

Where: Miller/Driscoll

Baseball- Tuesday Sept 19, 26, Oct 3, 10, 17, 24

Baseball- Thurs Sept 21, 28, Oct 5, 12, 19, 26

(Oct 10th, Parents must bring Child)

3:25 pick up at the Library. They should pack a snack for before the clinic. Please have your parent send a note. Please also pack cleats, a glove & sports clothes. Program slots available on a first come, first serve basis.

Resident fee for each program: \$275.00

Non-resident fee: \$285.00



GYM CLASS HEROES

Looking for fun-filled activities for the Fall? You've come to the right place. Boys and girls from K to 2nd grade will have an extra opportunity to participate in Physical Education games and activities that are done year round in the MD PE curriculum. It will be non-stop action and all of your child's favorite games are included. Some of these games are: Yoshi, Survivor, Battleship, cone ball, capture the Flag, kickball and many more!!!

Instructor:	Chris Kear
Where:	Miller/Driscoll Gym
Dates:	11/30 to 1/4 (session #1) 1/18 to 2/15 (session #2)
Day:	Thursday
Time:	3:30 to 5:00 PM
<i>No Class:</i>	<i>12/28</i>
Res. Fee:	\$155.00
Non Res. Fee:	\$165.00
Both: Res Fee:	\$285.00 Both Non Res: \$295.00

INTRO TO LACROSSE

BOYS AND GIRLS GRADES K-2ND

Intro to Lacrosse is a program designed to teach new players the basics of Lacrosse. Skills include passing, catching, cradling, scooping, stick protection and shooting. This program is open to first time players as well as players with some experience. Kids will not need protective equipment, only a stick. If your child doesn't have a stick we have fiddlesticks that can be borrowed daily but they are encouraged to bring their own stick if they have one. This program is for boys and girls in Kindergarten through 2nd grade.

Instructor:	Chris Kear
Where:	Miller/Driscoll Gym
Dates:	11/13 to 12/18 1/8 to 2/26
Day:	Monday
Time:	3:30 to 5:00 PM
<i>No Class:</i>	<i>11/20, 1/15, 1/22, 2/19</i>
Res. Fee:	\$160.00
Non Res. Fee:	\$170.00

EXTRA PRE – SCHOOL and YOUTH PROGRAMS

US Sports Institute Programs Total Soccer Squirts, Squirts Multi Sports & T-Ball

Ages 2 to 6

Parent & Me Soccer Squirts/Multisport– mom’s or dad’s have fun with their children (2-3 year olds)

Soccer Squirts – Soccer Squirts is your child's perfect introduction to the most popular sport in the world! Skills covered include dribbling, passing, shooting, stealing, and more. Each session is taught through structured activities, fun games, and scrimmages designed to ensure learning and most importantly: fun, fun, fun!

Squirts Multi Sports - The Squirts Multi Sports program allows children to experience a different sport each session including Lacrosse, Soccer, Basketball, T-Ball, Track & Field, Hockey & Flag Football. All sports are taught in a safe, structured and fun learning environment designed to ensure learning and most importantly: fun, fun, fun!

US Sports Institute

Comstock Community Center – #1-Comstock Fields/#2-Comstock MP

Thursday or Saturday

Fall: 9/14 to 11/4

9:00 to 9:50 AM (Parent & Me Soccer - **Saturday**)

10:00 to 10:50 AM (Soccer Squirts - **Saturday**)

11:00 to 11:50 AM (Soccer Squirts – **Saturday**)

12:00 to 12:50 PM (Senior Squirts -**Saturday**)

4:00 to 4:50 PM (Parent & Me Multisport – **Thursday**)

2:00 to 2:50 PM (Squirts Multisport – **Thursday**)

3:00 to 3:50 PM (Senior Squirt Multisport-**Thursday**)

Resident Fee: **\$195.00** Non-Resident Fee: **\$205.00 (8 sessions)**

US Sports Institute

Comstock Community Center --Comstock Fields/Comstock MP

Thursday or Saturday

Winter #1: **TBD**

9:00 to 9:50 AM (Parent & Me Soccer - Saturday)

10:00 to 10:50 AM (Soccer Squirts - Saturday)

11:00 to 11:50 AM (Soccer Squirts – Saturday)

3:00 to 3:50 PM (Parent & Me Multisport – Thursday)

4:00 to 4:50 PM (Squirts Multisport – Thursday)

5:00 to 5:50 PM (Squirts Soccer – Thursday)

Resident Fee: **\$195.00** Non-Resident Fee: **\$205.00 (8 sessions)**

Camps (Grades 3rd to 5th)**Wilton Parks and Rec November Shorten Day Sports Camp**

This sports camp provides sports and recreational games designed to promote exercise, recreation, competition, and fun in a relaxed, yet structured environment. Participants will play a variety of games from traditional sports and gym class favorites. Games that take place during the camp include Flag Football, Kickball, Wiffle ball, Mat Ball, Capture the Flag, Ultimate Frisbee, Soccer, Tag Games, Dodgeball and more!!!

Where: Comstock
Days: 11/16 to 11/21
Times: 12:15 PM to 4:00 PM
Fee: \$200 for all 4 days or \$70 for a single day
Instructor: Eddie Klukojc & MVP Sports and Fitness

**DODGEBALL (Grades 3rd– 5th)**

Elementary school students have the opportunity to enroll in a dodgeball program in which participants will play dodgeball as well as different variations of dodgeball every week. Dodgeball is a great way for children to stay active, be part of a team, and have fun. Gator Skin Dodgeballs are used in the program because they are kid-friendly and are designed to virtually eliminate the sting associated with getting hit by the ball.

Instructor: Eddie Klukojc & MVP Sports and Fitness
Days/Time: Thursday (2:15-3:15pm)
Where: Comstock Community Center
Classes: 6
Fee: \$130.00 Non-Resident Fee: \$140.00
Fall Session #1: 9/28 to 11/2
Winter Session#1: 12/7 to 1/18
 No Class 12/28
Winter Session #2: 2/1 to 3/14
 No Class 2/22

INTRAMURALS(Grades 3rd-5th)

Intramural sports take place after school, and provides exercise, recreation, competition, and fun in a relaxed, yet structured environment. Participants will play a variety of games from traditional sports and gym class favorites such as Flag Football, Kickball, Whiffle ball, Matball, Capture the Flag, Ultimate Frisbee, Soccer, Star Wars, Tag Games, and more!!!

Instructor: Eddie Klukojc & MVP Sports and Fitness
Days/Time: Tuesday (2:15-3:15pm)
Where: Comstock Community Center
Classes: 6
Fee: \$130.00 Non-Resident Fee: \$140.00
Fall Session #1: 9/26 to 11/14
 No Class 10/10
Fall Session #2: 12/5 to 1/16
 No Class 12/26
Winter Session #1: 1/30 to 3/12
 No Class 2/20

FALL BASKETBALL CLINICS

The clinics are open to both new and experienced players as you aim to perfect your skills for the winter season. Our experienced staff will work on a variety of skills with thousands of touches on the ball, transitions, court movements and game scenarios all in a fun filled environment. Our clinics are open to players in 6th through 12th grade. All activities will take place in an atmosphere which promotes good sportsmanship, teamwork and most of all, FUN! All participants should bring water with them each week.

Instructor: CT Sports Network
Where: TBA
Dates: 9/19 to 11/14
Days: Tuesday (No Class: 10/10, 10/31, 11/7)
Time: 6:00 – 7:00 PM (6-8 Grades)
7:00 – 8:00 PM (9-12 Grades)
Resident Fee: \$135.00 Non-Resident: \$145.00

HIGH SCHOOL BASKETBALL PRE-SEASON CONDITIONING

Geared towards High School boys players who want to improve their fitness base and be prepared for tryouts. Program will teach form drills and develop cardiovascular, muscular and core endurance. Sessions include a warm up, dynamic drills, a workout (geared towards tryouts), then a cool down.

Instructor: John Hudak – Sacred Heart U.
Where: Wilton HS Field House
Dates: 9/21 to 11/2
Days: Tu/Th: Boys (See NOTE)
Time: 6:40 – 7:40 AM
Resident Fee: \$220.00 Non-Resident: \$230.00
No Class: 10/10, (Rain Date Makeups: 11/9)

NOTE: 12 sessions.



FALL TENNIS LESSONS

Tennis lessons will be taught by the staff of Fairfield County Tennis. Minimum of 2 registrations per class with a maximum of 5. Rain make-ups are held at the end of session. For more information about their programs, please call (203) 640-1724 or visit their web site: www.fairfieldcountytennis.net.
Minimum of 2 registrants per class

Instructor: Fairfield County Tennis Staff
Where: Route 7 Tennis Courts
Dates: 9/12 – 10/17
TUESDAYS (5 classes) **No Class:** 10/10

3:30 – 4:00 PM, Pee-Wee **Ages 3-4**
Resident: \$90.00 Non-Resident: \$100.00

Beginner/Adv. Beginner
4:00 – 5:00 PM, Juniors **Ages 8-11, 12-15**
Resident: \$150.00 Non-Resident: \$160.00
5:00 – 6:00 PM, Juniors **Ages 5-7, 8-11**
Resident: \$150.00 Non-Resident: \$160.00

Low Intermediate/Intermediate
6:00 – 7:00 PM, Juniors **Ages 8-11, 12-15**
Resident: \$150.00 Non-Resident: \$160.00

FRIDAYS (5 classes) **Dates:** 9/15 – 10/13

3:30 – 4:00 PM, Pee-Wee **Ages 3-4**
Resident: \$90.00 Non-Resident: \$100.00

Beginner/Adv. Beginner
4:00 – 5:00 PM, Juniors **Ages 5-7, 8-11**
Resident: \$150.00 Non-Resident: \$160.00
5:00 – 6:00 PM, Juniors **Ages 8-11, 12-15**
Resident: \$150.00 Non-Resident: \$160.00

Low Intermediate/Intermediate
6:00 – 7:00 PM, Juniors **Ages 8-11, 12-15**
Resident: \$150.00 Non-Resident: \$160.00



LAX MACHINE LACROSSE

BOYS GRADES 1ST-5TH AND GIRLS GRADES 2ND-5TH

Full equipment required for all players, players must provide their own. Clinics will focus on the fundamentals of boys and girls Lacrosse such as scooping, cradling, passing, defense, stick protection and shooting. The first half of each session will be drills and the second half will be small-sided games.

Instructor: Chris Kear
Where: Miller/Driscoll Field
Day: Wednesday(**boys**)/Thursday(**girls**)
Times: 5:00 - 6:00 PM, Grades 2nd-3rd
 4:00– 5:00 PM, Grades 4th-5th
 (1st Grade Boys on **Thursday** 5-6 PM)
Fall: 9/13 to 10/19
Make up Class: 10/25 and 10/26
 6 weeks
Resident Fee: **\$180.00** NR: **\$190.00**

NOTE: For children in grades 2 through 5. *Limited enrollment.*



COMSTOCK BASKETBALL

This program is for boys and girls in Grades 1 and 2. It features a 15-minute clinic each week followed by 45 minutes of game competition. Coach Mike Garrity administers this highly successful program. Teamwork and sportsmanship are stressed.

Instructor: Mike Garrity
Where: Comstock Gym
Session 1: 12/2 to 1/20 (6weeks)
Session 2: 2/3 to 3/23 (6weeks)
Day: Saturdays
No program: 12/23, 12/30, 2/17, 2/24
Times
Session 1: 8:30 - 9:30 AM
 9:30 - 10:30 AM
 10:30 - 11:30 AM
 11:30 - 12:30 PM

Resident Fee: **\$150.00** **Non-Res Fee:** **\$160.00**

Session 2: 8:30 - 9:30 AM
 9:30 - 10:30 AM
 10:30 - 11:30 AM
 11:30 AM - 12:30 PM

Resident Fee: **\$150.00** **Non Res Fee:** **\$160.00**

NOTE: For children in grades 1 and 2.



MIKE GARRITY'S KIDS FUNDAMENTALS

If you love basketball, these programs are for you. Coach Mike will introduce the basic fundamentals of basketball. Learning will be at an easy and fun pace. He will continue the basic fundamentals of basketball throughout the different classes. Game play and game skills will also be taught.

Instructor: Mike Garrity
Where: Comstock C. C. Gym

LEVEL I KINDERGARTEN / 1ST GRADE

Day: Mondays and/or Tuesdays
Time: 4:00 - 5:00 PM
Dates: 11/13 - 12/12 (5 weeks)
Resident Fee: \$150.00 Non-Resident: \$160.00
Dates:
Winter I: 1/8 - 2/12 (5 weeks)
Winter II: 3/4 - 4/2 (5 weeks)
Resident Fee: \$150.00 Non-Resident: \$160.00
No class: 1/15, 2/13

LEVEL II 2ND / 3RD GRADE

Day: Fridays
Time: 4:00 - 5:00 PM
Fall: 11/17 - 1/5 (5 weeks)
Resident Fee: \$150.00 Non-Resident: \$160.00
Winter I: 1/12 - 2/9 (5 weeks)
Resident Fee: \$150.00 Non-Resident: \$160.00
Winter II: 3/1 - 4/5 (5 weeks)
Resident Fee: \$150.00 Non-Resident: \$160.00
No class 11/24, 12/22, 12/29, 3/29

3RD - 5TH GRADE

Day: Mondays
Time: 2:30 to 3:30 PM
Fall: 11/13 - 12/12 (5 weeks)
Resident Fee: \$150.00 Non-Resident: \$160.00
Winter I: 1/8 - 2/12 (5 weeks)
Winter II: 3/4 - 4/1 (5 weeks)
Resident Fee: \$150.00 Non-Resident: \$160.00
No Class 1/15, 2, 13

NOTE: For children in Kindergarten through grade 5.

JUNIOR WARRIOR BASKETBALL

This program is for boys and girls who are in grades 3 and 4. Participants will be assigned an evaluation day and time when registered. **The dates for our evaluations are 10/21 and 10/28.** Each participant will attend only one day for one total hour. The purpose of the evaluation is to assess the participant's ability for the purpose of equal distribution amongst the teams in our league. Evaluations will take place in the Cider Mill School, Lower Gymnasium.

Where: Cider Mill School Lower Gymnasium
When: Weeks of 11/27 to 2/10
 (Approx. 9 Practices/Games)

No Game

/Practice: 12/22 through 1/1, 1/15

Days: **Practices** are for one hour, one day each week, Monday through Friday between the hours of 5:00 - 8:00 PM. All **Games** will be at Cider Mill School. Games are one hour on Saturdays between the hours of 8:30 AM - 12:30 PM.

Fee: \$200.00 (game shirt included)



NOTE: There is limited enrollment for this program! Volunteer coaches are needed in order for this program to run. All volunteer coaches will undergo a mandatory background check by the Town of Wilton. Please email Jim Lewicki in our office @ jim.lewicki@wiltonct.org to sign up to volunteer before September 27th.



WARRIOR RECREATIONAL BASKETBALL

This program is offered to boys and girls in grades 5-8. This is a recreational league with all participants playing an equal amount of game time. All practices and games will be at either Cider Mill or Middlebrook Schools. Practices are for one hour one day per week Mon-Fri between the hours of 5:00-8:00PM. Games are 1 hour on Saturdays between the hours of 8:30-2:30PM. **The dates for our evaluations are 10/21 and 10/28.** Each participant will attend only one day for a total of one hour. The purpose of the evaluation is to assess the participant's ability for equal distribution amongst the teams in our league. Evaluations will take place in the Middlebrook School old gym.

Where: Middlebrook and Cider Mill Gyms
When: Weeks of 11/27 to 2/10
Game Day: Saturday
Times: 8:30 AM – 2:30 PM

Fee: \$200.00 (game shirt included)

No game/ Practice: 12/22 through 1/1, 1/15



Practices are for one hour, one day each week, Monday through Friday between the hours of 5:00 – 8:00 PM. All **Games** will be at Middlebrook School. Games are one hour on Saturdays between the hours of 8:30 AM – 2:30 PM.

NOTE: There will be a P&R administered player draft for all coaches held at the Comstock C. C. Only volunteer coaches will attend the draft.

HIGH SCHOOL RECREATIONAL BASKETBALL LEAGUE

The high school basketball recreational league plays an 8 game regular season schedule, plus single-elimination playoffs. This program has limited team availability. Students in grades 9-12 must form their own teams, and register as a team.



Where: Middlebrook Gyms
Weeks of: 12/4 to 3/4
No Program: 12/25, 1/1, 1/15, 2/19

Game Times: Mondays between 4:30 – 9:30 PM
 & Saturdays between 2:30 – 4:30 PM
 (if needed)

Fee: To be determined by the number of teams

NOTE: Interested teams need to be confirmed no later than November 8th by calling or emailing Jim Lewicki at the Wilton P&R Office @ (203) 834-6234 ext. 4., jim.lewicki@wiltonct.org

PERSONAL TRAINING AT COMSTOCK COMMUNITY CENTER

Comstock Community Center Fitness Center will offer Personal Training sessions with an ACSM certified Personal Trainer. These Personal Training packages are designed to develop positive changes to one's health, physical fitness, and overall well-being. The Personal Trainer will work with the individual to customize a fitness plan to fit the individual's needs, schedule, and goals. This program is ideal for beginners, experienced people who are not getting the results they are looking for, and athletes training for a sport or event. Personal Training packages are available for adults and children over the age of 8. Sessions are by appointment, and are offered in Packages of 1, 5, or 10 sessions. Sign up now for a free consultation. For more information or for scheduling please call 203 676 8294 or email Eklukojc@yahoo.com.

Where: Comstock Fitness Center
Days & Time: Upon Request
Fees: 1 Session- \$75.00 Per Session
 5 Sessions- \$325.00 (\$65 Per Session)
 10 Sessions- \$600.00 (\$60 Per Session)

HIGH SCHOOL STRENGTH TRAINING

GRADES 9TH – 12TH

This program is designed to give Middle School Students the opportunity to learn weight training concepts and techniques used for obtaining optimal physical fitness. Participants will learn the fundamentals of weight training, strength training, aerobic training, and overall fitness training and conditioning. The instructor is a certified personal trainer and will help participants reach their fitness goals in a safe and high-success environment.

Instructor: MVP Sports & Fitness: Eddie Klukojc
Where: Comstock Fitness Center
Winter I: 12/5 to 1/16
Winter II: 1/30 to 3/12
No Class: 12/26, 2/20
Day: Tuesday
Time: 3:15 PM to 4:15 PM

Resident Fee: \$130.00 **Non-Res. Fee:** \$140.00

DOG OBEDIENCE CLASS

By

Canine Training Behavior Svcs., LLC

Fall/Winter 2023-2024 Sessions

AKC S.T.A.R. Puppy Program

S.T.A.R. stands for "Socialization, Training, Activity and a Responsible" owner – all the things a puppy needs to have a good life. Life skills will be taught to new pups including the basic commands, such as heel, sit, down, stay and come when called. Proper socialization, interactions and responsible dog ownership will also be addressed. This class is open to all pups up to one year of age.

Fee: **\$235.00**

PRACTICAL Household Obedience – LEVEL 1

This class is designed for dogs 4 months of age and older with no formal training. All elements of basic canine training will be covered, including sit, down, stand, stay, recall and heel. Common household problems, jumping, chewing and good manner will be addressed.

Fee: **\$235.00**

PRACTICAL Household Obedience – LEVEL 2

This class is for the graduate of the S.T.A.R. Puppy or Level 1 class. Consistency and reliability will be significantly improved through distraction training and attention training. Emphasis is on off-leash work, hand signals and progression toward advance obedience, Canine Good Citizen or therapy dog certification.

Fee: **\$195.00**

CANINE GOOD CITIZEN (CGC) & Therapy Training

Using positive reinforcement techniques, this course prepares students for the CGC test/title and testing by various therapy dog groups. Therapy certification is required by most health-care facilities and schools for visiting dogs and handlers. Open to all dogs that have completed Household Obedience Level 1. CGC stresses good manners in the presence of people and other dogs. Testing for the CTC is included in the fee. **NOTE:** Therapy dog groups will not certify dogs less than one year of age.

Fee: **\$195.00**

ADVANCED OBEDIENCE / RALLY "O"

Rally and advanced obedience offer dogs and their handlers an experience that is fun and energizing. The class focuses on Rally signs, Rally exercises and the attention skills that dogs need for performance events. This class includes off-lead heeling, drop on recall, hand signals and obstacle training. Successful completion of Household Obedience Level 2 is required.

Fee: **\$195.00**

AGILITY TRAINING CLASS

In this class, dogs and handlers will become familiar with the various obstacles in an agility course, including the tunnel, dog walk, weave poles, tires, A-frame and jumps. Completion of Household Obedience Level 1 (or a comparable class) is required. Dogs **must** be able to sit, down, stay and come on command.

Fee: **\$195.00**

Where:

Allen's Meadows (Morning Sessions)**

When:

Tuesdays (Evening Sessions at Comstock Community Center)

Dates:

Session I: 9/12 to 10/17

Session II: 11/7 to 12/12

Time:

10:00 AM to 11:00 AM (AKC STAR and Level 1)

11:00 AM to 12:00 PM (Level 2, CGC, "O" & Agility)

6:30 PM to 7:30 PM (AKC START and Level 1)

7:30 PM to 8:30 PM (Level 2, CGC, "O" & Agility)

****If inclement weather, Comstock Community Gym**

Registration is ongoing.

MIDDLE SCHOOL STRENGTH TRAINING

GRADES 6TH – 8TH

This program is designed to give Middle School Students the opportunity to learn weight training concepts and techniques used for obtaining optimal physical fitness. Participants will learn the fundamentals of weight training, strength training, aerobic training, and overall fitness training and conditioning. The instructor is a certified personal trainer and will help participants reach their fitness goals in a safe and high-success environment.

Instructor: MVP Sports & Fitness: Eddie Klukojc

Where: Comstock Fitness Center

Fall I: 9/28 to 11/2

Winter I: 12/7 to 1/18

Winter II: 2/1 to 3/14

No Class: 12/28, 2/22

Day: Thursday

Time: 3:15PM to 4:15 PM

Resident Fee: \$130.00

Non-Res. Fee: \$140.00

TINKERGARTEN NATURE EXPLORERS

18 MONTHS TO 6 YEARS OLD

Tinkergarten Nature Explorers will meet weekly to engage in exploratory, meaningful nature play designed to awaken the senses, develop skills like empathy and persistence, spark inquiry, and expand their understanding of the natural world.

Our Fall 2023 series is designed to engage kids in the kind of wondering, exploring, pretending and problem solving that helps them develop wellness, that combination of physical, mental and emotional wellness that kids will need to thrive. With a Body, Mind & Heart theme, we'll help kids develop language, strategies and habits that they can continue to use to build strong bodies, minds and hearts..

Instructor: Denise Reznik

Where: Merwin Meadows

Program: Child/Caregiver

Dates: 9/18 to 10/30

Day: Monday

Time: 10:00 to 11:00 AM

No Class: 10/9

Resident Fee: \$160.00 **Non-Res. Fee:** \$170.00



FENCING FOR EVERYONE-YOUTH FOIL FENCING**About the Course:**

These courses are designed for grades 3-5 and 6-8. There are beginner courses up to the intermediate level student and may be used for recreational fencing as well as a steppingstone to competitive fencing. The course is 1 hour of training per week and will be run by Olympian Fencing Studio of Wilton. All equipment is provided.

Instructor: Olympic Fencing Studio
 Where: Comstock Multipurpose Rm.
 Dates: **9/20 to 11/1 (session #1)**
 11/8 to 12/20 (session #2)
 Days: Wednesday
 Time: 2:30-3:30 (3-5) 3:30-4:30 (6-8)
 No Class: 11/22
 Resident Fee: **\$150.00**; Non-Resident: **\$160.00**

Membership to the US Fencing Assoc. must be purchased on the first night of class for a fee of \$10. This fee is for a 1 year membership in the USFA as well as insurance. Checks should be made out to USFA and paid at the first class attended.

**COMSTOCK FLOOR HOCKEY****3rd-5th graders**

This exciting, fast-paced activity is something to look forward to every week. There will be skill and drill time as well as scrimmage time each week. This class will stress the basic fundamentals of hockey including passing, shooting, positioning, safety and the importance of good sportsmanship.

INSTRUCTOR: CT SPORTS NETWORK

Where: Comstock Community Center
 Day: Friday
 Dates: 11/3 to 12/15
 Time: 2:30 – 3:30 pm
 Fee: 145.00
 No Class: 11/24



Encore Dance**Days****Location**

3rd Grade All Girl Jazz/Hip Hop

Monday

4:30 PM to 5:30 PM

Multipurpose Room

Comstock Community Center

2nd Grade All Girl Jazz/Hip Hop

Monday

5:30 PM to 6:30 PM

Multipurpose Room

Comstock Community Center

2nd/3rd Boys Hip Hop

Tuesday

5:15 PM to 6:15 PM

Dance Studio

Comstock Community Center

4th/5th/6th Boys Hip Hop**Monday**

6:15 PM to 7:15 PM

Dance Studio

Comstock Community Center

Creative Tots (3's) - Wednesday

Wednesday

2:15 PM to 3:00 PM

Multipurpose Room

Comstock Community Center

Pre-K Kids (4-5) - Wednesday

Wednesday

3:00 PM to 3:45 PM

Dance Studio

Comstock Community Center

1st Grade All Girl Jazz/Hip Hop

Tuesday

4:30 PM to 5:15 PM

Dance Studio

Comstock Community Center

Kindergarten All Girl Jazz/Hip Hop

Tuesday

4:45 PM to 5:30 PM

Multipurpose Room

Comstock Community Center

4th Grade All Girl Jazz/Hip Hop

Tuesday

5:30 PM to 6:30 PM

Multipurpose Room

Comstock Community Center

5th Grade All Girl Jazz/Hip Hop

Tuesday

2:30 PM to 3:30 PM

Multipurpose Room

Comstock Community Center

BALLROOM DANCING**Boys & Girls Grades 5th-7th**

Come Dance with Encore!! 5th/6th grade Beginner class for those with little or no experience. 6th/7th Advance class (*intended for those who took the Beginner class in 2023*). Dances include the Waltz, Cha Cha, Swing, Fox Trot, Hip Hop and many more. Come have fun with your friends and classmates. The kids gain confidence in their dancing ability in the hopes that they will utilize this valuable and fun life skill to enhance their enjoyment at parties, dances and weddings for their entire lives. Classes culminate with Parents night, where Moms and Dads get to see what their children have learned.

Instructor: Encore Dance Group

Where: Comstock Community Center

Dates: **1/10 to 3/20/24**No Class 2/21

Days: Wednesday

Time: 6:30 to 7:30 PM (5th/6th Beginner)7:45 to 8:45 PM (6th/7th Advanced)Resident Fee: **\$380.00** Non-Resident: **\$390.00**

6th Grade All Girl Jazz/Hip Hop

Tuesday

6:30 PM to 7:30 PM

Multipurpose Room

Comstock Community Center

High School All Girl Jazz/Hip Hop

Tuesday

7:30 PM to 8:30 PM

Multipurpose Room

Comstock Community Center

Kindergarten Boys Hip Hop

Monday

4:45 PM to 5:30 PM

Dance Studio

Comstock Community Center

1st Grade Boys Hip Hop**Monday**

5:30 to 6:15 PM

Dance Studio

Comstock Community Center

Encore Dance

7th Grade All Girl Jazz/Hip Hop

Monday

6:45 PM to 7:45 PM

Multipurpose Room

Comstock Community Center

8th Grade All Girl Jazz/Hip Hop

Tuesday

3:30 PM to 4:30 PM

Dance Studio

Comstock Community Center

Creative Tots (3's) - Saturday

Saturday

10:00 AM to 10:45 AM

Dance Studio

Comstock Community Center

Pre-K Kids (4-5) - Saturday

Saturday

10:45 AM to 11:30 AM

Dance Studio

Comstock Community Center

6th-8th Grade Contemporary

Thursday

6:15 PM to 7:15 PM

Dance Studio

Comstock Community Center

HS Contemporary

Thursday

7:15 PM to 8:15 PM

Dance Studio

Comstock Community Center

(Intro to Contemporary Dance – This is not a performance class. No experience necessary)

Wilton Express Developmental Program

Coach Herb's Speed and Development training will help athletes build skills, knowledge, and confidence in their track and field skillset.

Instructor: Coach Herb Lynch

Where: Wilton High School Track

Dates: 9/13 to 11/15

Days: Wednesday

Time: 5:00 pm to 6:00 pm

Ages: 7 to 18

Resident Fee: \$200.00

Non-Resident: \$210.00



THUNDER RIDGE SKI AREA

Lessons are for skiers and snowboarders, first grade and up. New this season, Freestyle Program for upper level snowboarders, third grade and up. (Offered W-5:30pm, Fr – 5:00 and 6:30 pm). All students regardless of age and ability must purchase a pre-paid 6-week lift ticket or Season Pass at time of registration of lesson package.

Lesson only - \$TBA – Six 1 ½ hour group lessons

Lift & Lesson - \$TBA – Six 1 ½ hour group lessons

Lift, Lesson & Rental - \$TBA – Six 1 ½ hour group lessons

Parents and siblings may ski or ride and rent at the discount price any night their child or sibling is in a 6-week open enrollment lesson

Lift ticket only: \$TBA per Night

Rental Equip: \$TBA per Night

(INFO COMING SOON)

Please pick up enrollment form at Wilton Parks and Recreation office. Program begins TBA.

Should you have any questions, Please call the P & R office.



FITNESS CENTER AT COMSTOCK

The fitness center will give people the opportunity to increase their strength, tone and firm their bodies, improve their cardiovascular system, look great, feel good, and have more energy. For ages 16 and over. **Monthly memberships** or more!!

Where: CCC – Fitness
Day: Monday-Friday
Dates: All year
P&R Closed: 9/4, 10/9, 11/23, 11/24, 12/25, 1/1, 1/15, 2/19, 3/29, 5/27, 7/4, 7/5
Time: 8:30 AM to 9:00 PM
Monthly Res: \$10.00 Non-Resident Fee: \$20.00
Monthly Family: \$18.00 Non-Resident Family: \$28.00

SMALL GROUP PERSONAL TRAINING

Middle/High School and Adults

Wilton Parks and Recreation now offers small group Personal Training with an ACSM certified Personal Trainer. Groups consist of 2 to 3 people who work semi privately with a personal trainer to achieve the groups fitness goals. Small Group Training is a great opportunity for an individual to experience personal training in a fun group dynamic setting.

Where: Comstock
Day & Time: Upon Request
Fees: 5 Sessions - \$35 * (\$175)
 10 Sessions - \$30 * (\$300)
 (*per individual a session)
 Contact Eklukoic@yahoo.com for info



INTRODUCTION TO GUITAR

An 8-week program offered to students 8-15 years old. 1- Hour classes will focus on providing a high level of instruction in a fun, cooperative atmosphere. This program is for students who have an interest in the guitar and music in general. Proposed schedule would start guitar class on Wednesday September 20. Guitars can be provided to students during lessons but are encouraged to bring their own. The cost per child is \$260.00 for 8(eight) – 1(one)- hour group lessons. Students who don't own a guitar can rent a guitar to take home for \$25 for the 8 week session.

Number 1 objective: **Provide a FUN and EDIFYING way for kids to learn and become involved in guitar and music.**

Instructor:	Shane O'Reilly
Where:	Comstock Community Center
Days:	Wednesday: 9/20 to 11/8
Time:	4:00-5:00 PM (8-15 age Beginners) 5:00-6:00 PM (8-15 age Adv/Int) 6:00-7:00 PM (Beg. Adult)
FEE:	\$260.00 NON RES \$270.00

Shane O'Reilly- Has been playing music for more than 30 years. Shane is both a guitarist and a drummer. Shane is a graduate of Tulane University and currently runs guitar programs for Darien, New Canaan, Fairfield, Stamford JCC and BOCES.

Shane is also a certified tennis professional (USPTA) and runs tennis programs for the Stamford JCC, Noroton Manor in Darien and the New Canaan Recreation Department.

Shane hires some of the areas best musicians and instructors to assist with his programs.



Become a Certified EMT

Required Material: Course book along with MyBradylab Access care. You can purchase the physical book w/access card; used or new w/access card; or etext (online) w/access card.

You will need to order Mylab for \$94.99 & Print for \$59.99

Instructor: Norwalk Hospital
 Where: Comstock Community Center
 Dates: 10/2/23 to 3/6/24
 Time: 6:00 to 10:00 pm
 Days: Monday & Wednesday
 Fee: \$1200 plus course Book

NOTE: Please go to www.wiltonambulance.org for further information on registration for this class. *One Saturday!!!*

TREBLEMAKERS

A 2-semester course taught in the style of a collegiate Choral Rehearsal with additional vocal pedagogy and performance opportunities. This 25-year-old course has been taught by professional soprano, Mary Bozzuiti Higgins, since its inception. Created to fill a gap in the lives of women of all ages who sang in HS or College, who still yearn for that part of themselves to be fulfilled.

Treblemakers prepare and sing a 30-minute program twice a year and bring their concert to assisted living facilities, nursing homes and other occasions upon request. Music is voiced SSA and memorized by performance time. Knowledge of music or reading ability and a good ear, is a plus but not a requirement. Ability to hold a part while others are sung around you will also help! Be prepared to enhance your well being, posture, breathing, musicianship and mental health!

Where: Comstock Community Center
 Day: Monday
 Dates: 9/11 to 12/11
 No Class: 10/9
 Time: 7:00 to 8:30 PM

Resident Fee: **\$175.00** NR Fee: **\$185.00**



HAY RIDE WITH SANTA

This program is **only** for Wilton Residents. Enjoy a sleigh-ride with Santa and his elves, holiday singing, and refreshments by the bonfire.

Where: Comstock Community Center
 When: December 8, 2023
 Fee: Free. Wilton Residents Only!
 Hay ride times: 4:30 PM - 5:30 PM
 5:30 PM - 6:30 PM
 6:30 PM - 7:30 PM

Registration for the Hay Ride will be on a first come first serve basis. We will send info via email and facebook as to when registration will start. Should you have any questions, please contact us at P & R.

WINTER INDOOR TENNIS

Youth indoor tennis lessons at the indoor gym at Comstock. Classes will focus on teaching basic strokes along with playing several games. This is for beginners/advanced beginners. Portable nets will be used and classes will be taught by certified instructors with a ratio of five students to one instructor. Students must bring their own racquet.

Where: Comstock Gym
Days: Wednesday
Times: *3:15-4:00 PM Or 4:00 – 4:45PM
Dates: Session 1: 1/10 – 2/7
Session 2: 3/13 – 4/10

(Snow makeup dates 2/14 and 4/24, No class on 4/17)

Fee: Resident: **\$130.00** Non-Resident: **\$140.00**

*3:15 to 4:00 - Ages 8-10 and 3-5 year olds

*4:00 to 4:45 - Ages 6-8

MIKE GARRITY'S BEGINNER BASKETBALL

Mike Garrity will again bring back the popular program for children aged 3 to 5. They will learn basic skills of the game of basketball in a fun and very safe environment.



Instructor: Mike Garrity
Where: Comstock Gym
Day: Friday
Time: 1:30 - 2:15 PM (5 classes/session)
Dates: Fall: 11/10 – 12/15
Winter I: 1/5 – 2/2
Winter II: 3/1 – 4/5
No Class: 11/24, 3/29
Resident Fee: **\$130.00** Non-Resident: **\$140.00**