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Please join us in welcoming our new Social Services Activities Coordinator!

Stephanie Belcher is our new Social Services Activities Coordinator. Stephanie has her Masters in Recreation Administration and has experience working in assisted living and senior center settings. She is very excited to be here and looks forward to meeting everyone!

Hours: Monday-Friday 8:30 a.m. to 4:30 p.m.
Phone number: 203-834-6240
Email: Stephanie.Belcher@wiltonct.org



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Register for one of AAA's **FREE** Driving Improvement Programs!

Friday, January 18, or Friday, February 15

Comstock Community Center

8:30 a.m. – 12:30 p.m.

The Driver Improvement Program is aimed at experienced drivers who wish to improve their driving skills and review defensive driving basics. By completing this class drivers 60 years of age and older may qualify for a minimum 5% discount* on their auto insurance. In fact, some insurers provide that discount to experienced drivers as young as 55. We encourage you to check with your insurer to see what benefits they offer.

This course is taught by Lieutenant David Hartman of the Wilton Police Department. A graduate of Wilton High School with 18 years experience in law enforcement. Lieutenant Hartman was on the traffic division for five years, is a Field Training Officer, a Child Safety Seat Technician certified by the NHTSA and the night-shift supervisor.

Register online by visiting www.aaa.com/driverimprovement or 1-866-901-8457 for more information.

***PLEASE CONTACT YOUR INSURER IN ORDER TO DETERMINE WHAT AUTO INSURANCE BENEFIT, IF ANY, WOULD BE ASSOCIATED WITH THIS PROGRAM.**

Annual Town Voter Canvas 2019

Wilton's Registrars of Voters update the town's official voter list on a daily basis throughout the year—with voter additions, changes, and removals. In addition, the State of Connecticut requires registrars to conduct a yearly canvass of certain voters who have changed their addresses with the US Postal Service in the past year. Democratic Registrar Karen Birk and Republican Registrar Annalisa Stravato will be sending out letters beginning January to the aforementioned voters which includes an official return-request form to be signed and returned within 30 days, stating either that they have moved out of town or that they still reside in Wilton.

We urge any voters receiving the letter to respond by the 30-day deadline to avoid inaccuracies in their voter files.

For questions about the annual canvass, contact the Wilton Registrars of Voters at registrars@wiltonct.org or call their office at Town Hall at (203) 563-0111.

LOOKING FOR A WINTER ACTIVITY?

Come to the Senior Center!

LINE DANCE FUSION

Mondays,
10:30 a.m. to 11:30 a.m.

\$3 drop-in fee

This program blends traditional dance steps with elements of modern line dancing. This is a great form of exercise, social interaction, and just plain FUN!

Beatriz Araujo, Instructor.

TUESDAY AND/OR THURSDAY YOGA

Tuesdays, 11:00 a.m. to noon

Thursdays, 10:00 a.m. to 11:00 a.m.

\$3 drop-in fee

Denise O'Hearn, owner of Vibrant Moves in Wilton, conducts this gentle yoga class that warms up your joints, stretches and strengthens your muscles and helps your balance and focus.

BEMOVED!

Tuesdays, 9:45 a.m. to 10:45 a.m., \$5 drop-in fee

BeMoved® is a dance fitness experience for adults of all movement abilities. It is designed to deliver a safe, body-friendly experience that improves the quality of a person's movement. The class starts with a warm-up and easy-to-follow therapeutic movements and concludes with a cool down that brings the workout full circle, leaving participants feeling rejuvenated. Phyllis Hirschfield, Instructor.

JEWELRY WORKSHOP

Friday, January 4 (Viola's class will resume on March 1, 2019)

10:00 a.m. to noon

\$5 drop-in fee

Beads, beads, beads! No prior experience is necessary. Enjoy the fun of making your own beaded jewelry. Viola Galetta, Instructor.

STUDIO KNITTING

Tuesdays, 1:00 p.m. to 2:30 p.m.

Basic instruction will be provided for projects. The company will be great. If you have a work-in-progress, bring it. If it's all new to you, come give knitting a try! We'll supply the practice materials. Not a knitter? Bring your own handiwork and enjoy the company.

TAI CHI

Wednesdays, 10:30 a.m. to 11:30 a.m.

\$3 drop-in fee

Tai Chi contains a series of gentle and graceful movements performed with respiration coordination and deep concentration. Tai Chi has been shown to prevent falls and improve the functioning of daily activities. Joe Alampi, Instructor.

THURSDAY LUNCH

Most Thursdays, 12 noon, \$3

Join other seniors for lunch in the café on most Thursdays. Seating is limited. Reservations required. Elizabeth Chambers, Chef.

THURSDAY BINGO

Most Thursdays, 12:45 p.m., 25 cents per card

Don't miss BINGO at the Comstock Community Center on Thursdays. Winners get "the pot" each game.

FELDENKRAIS

Fridays, 10:00 a.m. to 11:00 a.m.

\$5 drop-in fee

Explore this exciting and innovative movement method designed to relieve pain, exercise your brain and teach you to move with greater comfort, ease, and fluidity. Cathy Paine, Instructor.

FIVE CROWNS

Tuesdays, 12:30 p.m.

Five Crowns is a progressive rummy-style card game. It has spades, hearts, diamonds, clubs, and stars! It can be played by two to seven players. It's easy to learn and lots of fun to play. Call Nerina Klobas at 203-210-5624 for details.

AMERICAN MAH JONGG

Wednesdays, 1:00 p.m.

American Mah Jongg is different from Chinese Mah Jongg in several ways. American Mah Jongg utilizes racks, jokers, and "Hands and Rules" score cards, and has several distinct game-play mechanics. Come and see this game in action. In order to play, call Gale Roeder 203-762-3784 or Pat Wernig 203-762-1739.

CHINESE MAH JONGG

Second Tuesday of the month at 1:30 p.m.

Fourth Tuesday of the month at 12:30 p.m.

Kay Chann supervises the Chinese Mah Jongg. If you would like to learn how to play, Kay will be happy to instruct you. Come and see the game in action. Call Kay at 203-544-7414 for information regarding the group.

BRIDGE GROUPS

If you like to join other seniors in an afternoon of bridge, call the organizers listed below:

Duplicate Bridge: First Wednesday of the month, contact person Diego Tomayo 203-858-0264.

Duplicate Bridge: Third Tuesday of the month, contact Maureen Turnier at 203-762-9386.

Contract Bridge: Fridays, contact Eleanor Mihailidis at 203-762-8720.

Open Bridge: If you prefer a morning game, come to Open Bridge with Mike, Wednesdays, 10:00 a.m. to 12:00 p.m., \$5 drop-in fee. Michael Hess supervises.

Intermediate Bridge is on Fridays from 1:00 p.m. to 3:00 p.m. and runs in 8-week sessions. The current session will continue to meet on 1/4, 1/11, 1/18. The next 8 week session starts on 1/25 and runs through 3/15. The fee is \$85.00. Checks can be made out to Town of Wilton and given to Stephanie Belcher in the Social Services office.

Wilton Social Services Department extends thanks to...

Fifteen Wilton families, Wilton Kiwanis Club, Wilton Rotary Club, Wilton Children's Day School, Wilton Community Nursery School, Temple B'Nai Chaim, St. Matthew's Episcopal Church, The Wilton Congregational Church, Zion's Hill Methodist Church, Wilton Presbyterian Church, The Columbiettes, 17 Girl Scout Troops, 10 Boy Scout Troops from Pack 10, Den 17, Riverbrook Regional Y and Riverbrook Gymnastics, Realty 7, The Greens at Cannondale, and Wilton Working Mom's who in total provided 78 fabulous, bountiful Thanksgiving dinner baskets and Stop and Shop gift cards for Wilton families; and the Wilton Woman's Club whose members provide both a basket and invaluable assistance the day of basket delivery and distribution;

The Wilton Woman's Club who cooked and boxed more than 80 hot meals for Thanksgiving and Christmas for Wilton seniors and prepared the Ogden House Holiday Luncheon for over 90 seniors;

The Wilton Firefighters for covering costs and serving the Ogden House Holiday Luncheon;

The Mother-Daughter leadership group members who delivered the hot meals for Thanksgiving and Christmas Eve;

The Wilton Garden Club for preparing 24 beautiful centerpiece and Pat Russo and his wife Mary for deliver-

ing the centerpieces to seniors;

The interfaith community, under the leadership of the Wilton Congregational Church, who shopped for gifts for 15 seniors and the Boy Scouts who delivered those gifts;

All the generous "Holiday Helpers": 29 Wilton families, 35 Wilton Working Moms, Wilton Kiwanis Club, Wilton Rotary Trust, The Wilton Congregational Church, Wilton Baptist Church, St. Matthew's Episcopal Church, Wilton Presbyterian Church, Temple B'Nai Chaim, Zion's Hill Methodist Church, Realty 7, Treblemakers, The Riverbrook Y, The Wilton Community Nursery School, Wilton Mom's Club alumnae, Wilton Newcomers Club, The Salvation Army, The Greens at Cannondale, Miller Driscoll PTA, and Silver Hill Hospital for providing 54 families and their 105 children with presents, gift cards, and movie tickets to brighten their Hanukkah and Christmas holidays;

Ambler Farm for donating Christmas trees for 40 Wilton families;

The Village Market for providing ongoing support to the Wilton food pantry through their "Buy-A-Bag" program;

And the Wilton Children's Day School for collecting dozens of hats and mittens.

Your generosity made this holiday season a happy time for our Wilton neighbors in need.

Please join the St. Matthew's Thursday Lunch Club /Bloomer's Brunch

Thursday, January 17, at Noon at WEPCO located at 36 New Canaan Rd in Wilton

Speaking will be Leyla Zangieva, B.A., RVT, RDMS founder of A-Group Imaging. She saw patients with severe illnesses, disabilities, and financial issues struggle to attain the healthcare they needed. After seeing the benefits of home visiting services in New York and New Jersey she decided to extend these at-home imaging services to Connecticut.

Next luncheons will be February 21, March 21 and May 16, 2019. RSVP kimbo1@optonline.net or call 203-515-4778.

Please note that on the days where there is lunch is at St. Matthew's/WEPCO, there is no lunch or bingo at the Senior Center.






THE COMSTOCK PLAYERS

The Comstock Players will be presenting three short plays on Wednesday March 13, 2019. The presentation will be in a readers theatre format. The Institute for Readers' Theatre defines it as "a combination of oral interpretation and conventional theatre using readers to communicate the intellectual, emotional, and aesthetic content of the literature to an audience." It has also been described as theatre of the imagination for both the actor and audience as both visualize the setting and movement of the actors. The actors will read aloud using scripts to communicate through oral interpretation rather than through acting.

Additional readers are needed for the plays. Rehearsals take place on Wednesday afternoons from 1:30 to 3:00 and are directed by Andrea Ragusa. If you are interested in participating or would like further information please contact Social Services Activities Coordinator Stephanie Belcher at 203-834-6240 or Stephanie.belcher@wiltonct.org. Come join the group for some fun!



JANUARY 2019

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Please note all activities are at the Senior Center unless otherwise noted.</p>	1 SENIOR CENTER CLOSED 	2 10:00 Open Bridge 10:00 Writers Group 10:30 Tai Chi 1:00 Mah Jongg 1:00 Duplicate Bridge	3 10:00 Yoga 11:00-12:00 Blood Pressure Screening 12:00 Lunch 12:45 Bingo	4 10:00 Feldenkrais 10:00 Jewelry Workshop 12:00 Bridge 1:00 Intermediate Bridge
7 10:30 Line Dancing 12:00 Movie 1:00 Bridge	8 9:45 BeMoved! 11:00 Yoga 12:30 Five Crowns 1:00 Studio Knitting 1:30 Mah Jongg	9 10:00 Open Bridge 10:30 Tai Chi 1:00 Mah Jongg	10 10:00 Yoga 12:00 Lunch 12:45 Bingo	11 10:00 Feldenkrais 12:00 Bridge 1:00 Intermediate Bridge
14 10:30 Line Dancing 12:00 Movie 1:00 Bridge	15 9:45 BeMoved! 11:00 Yoga 12:00 Duplicate Bridge 12:30 Five Crowns 1:00 Studio Knitting	16 10:00 Open Bridge 10:00 Writers Group 10:30 Tai Chi 12:00 Luncheon OH 1:00 Mah Jongg	17 10:00 Yoga 12:00 St. Matthew's Lunch SM	18 8:30 AAA Drivers Improvement 10:00 Feldenkrais 12:00 Bridge 1:00 Intermediate Bridge (last class of session)
21 SENIOR CENTER CLOSED 	22 9:45 BeMoved! 11:00 Yoga 12:30 Five Crowns 12:30 Mah Jongg 1:00 Studio Knitting 3:00-5:00 Stay at Home in Wilton Open House	23 10:00 Open Bridge 10:30 Tai Chi 1:00 Mah Jongg	24 10:00 Yoga 12:00 Lunch 12:45 Bingo	25 10:00 Feldenkrais 12:00 Bridge 1:00 Intermediate Bridge (new session begins)
28 10:30 Line Dancing 12:00 Movie 1:00 Bridge	29 9:45 BeMoved! 11:00 Yoga 12:30 Five Crowns 1:00 Studio Knitting	30 10:00 Open Bridge 10:30 Tai Chi 1:00 Mah Jongg	31 10:00 Yoga 12:00 Lunch 12:45 Bingo	

OH	Ogden House	100 River Rd	203-762-8035
Y	Wilton Family Y	404 Danbury Road	203-762-8384
WL	Wilton Library	137 Old Ridgefield Rd.	203-762-3950
G	The Greens	435 Danbury Rd	203-761-1191
WM	Wilton Meadows	439 Danbury Rd	203-834-0199
VM	Village Market	Old Ridgefield Rd	203-762-7283
VNH	Visiting Nurse & Hospice	761 Main Ave., Norwalk	203-762-8958
RVNA	Ridgefield Visiting Nurse	27 Governor St, Rdgfld	203-438-5555
BW	Brookdale Wilton	99 Danbury Road	203-761-7999
SAHW	Stay at Home in Wilton		203-423-3225
WCE	Wilton Continuing Ed	395 Danbury Road	203-834-7694
SM	St. Matthew's /WEPCO	36 New Canaan Rd	203-762-7400

Social Services: 203-834-6238
 Sarah Heath, Director, Social Services
 Lauren Hughes, Coordinator, Senior Services
 Phoebe Musico, Adult and Family Social Worker

Senior Center: 203-834-6240
 Stephanie Belcher, Social Services Activities Coordinator

FEBRUARY 2019

Monday	Tuesday	Wednesday	Thursday	Friday
SENIOR CENTER INCLEMENT WEATHER POLICY <i>When in doubt, call 203-834-6240 after 7:30 a.m. and listen to the recording for information regarding the day's activities at the Senior Center. We do <u>not</u> follow the public school closings.</i>				1 10:00 Feldenkrais 10:00 NO Jewelry until March 1 12:00 Bridge 1:00 Intermediate Bridge
4 10:30 Line Dancing 12:00 Movie 1:00 Bridge	5 9:45 BeMoved! 11:00 Yoga 12:30 Five Crowns 1:00 Studio Knitting	6 10:00 Open Bridge 10:30 Tai Chi 1:00 Mah Jongg 1:00 Duplicate Bridge	7 10:00 Yoga 11:00-12:00 Blood Pressure Screening 12:00 Lunch 12:45 Bingo	8 10:00 Feldenkrais 12:00 Bridge 1:00 Intermediate Bridge
11 10:30 Line Dancing 12:00 Movie 1:00 Bridge	12 9:45 BeMoved! 11:00 Yoga 12:30 Five Crowns 1:00 Studio Knitting 1:30 Mah Jongg	13 10:00 Open Bridge 10:30 Tai Chi 1:00 Mah Jongg	14 10:00 Yoga 12:00 Lunch 12:45 Bingo 	15 8:30 AAA Drivers Improvement 10:00 Feldenkrais 12:00 Bridge 1:00 Intermediate Bridge
18 SENIOR CENTER CLOSED 	19 9:45 BeMoved! 11:00 Yoga 12:00 Duplicate Bridge 12:30 Five Crowns 1:00 Studio Knitting	20 10:00 Open Bridge 10:30 Tai Chi 12:00 Luncheon OH 1:00 Mah Jongg	21 10:00 Yoga 12:00 St. Matthew's Lunch SM	22 10:00 Feldenkrais 12:00 Bridge 1:00 Intermediate Bridge
25 10:30 Line Dancing 12:00 Movie 1:00 Bridge	26 9:45 BeMoved! 11:00 Yoga 12:30 Five Crowns 12:30 Mah Jongg 3:00-5:00 Stay at Home: Tax Breaks and Strategies	27 10:00 Open Bridge 10:30 Tai Chi 1:00 Mah Jongg	28 10:00 Yoga 12:00 Lunch 12:45 Bingo	

Mark your Calendar for March

AARP Tax Help

The AARP Tax Aid Program provides income tax preparation assistance for low and middle-income taxpayers of all ages, with special attention to those 60 and older. Volunteers from AARP will be at the Senior Center on **Monday, March 4**, from 9:00 a.m. until noon to assist in tax preparation. No appointment is necessary. Just take a number upon entering and wait your turn.

AARP Tax Help
Monday, March 4
9:00 a.m. to Noon



Bring your loved one to enjoy a meal and activity with our life-enrichment team while you attend these complimentary community events. Events will be held at our community: 123 Richards Avenue in Norwalk. RSVP to one or all of these educational events by calling 203.523.0510 or visit www.BridgesbyEPOCH.com. (CT Relay 711)

CAREGIVER SUPPORT GROUP

THURSDAYS | 2 & 5:30 P.M.

JANUARY 10 | FEBRUARY 7 Refreshments will be served.

Get the support you need from dementia care professionals who understand your challenges and concerns. These sessions are your chance to take a break, socialize with other caregivers and learn how to make life easier for you and your loved one.

LIVING TRUST & LONG-TERM CARE PLANNING

TUESDAY, JANUARY 22 | 5:30 P.M. PRESENTED BY ATTORNEYS STEPHEN KEOGH AND JOEL MUHLBAUM

It's never too early to plan for the future. Join us to learn more about the importance of living trusts and their benefits, as well as how to weigh out the benefits, services and support of various long-term care options, from assisted living communities and skilled nursing homes to in-home healthcare.

LUNCH & LEARN MAINTAINING BRAIN HEALTH & COOKING DEMO

THURSDAY, JANUARY 24 | 12:30 P.M.

A healthy brain is just as important as a healthy body – thankfully, good nutrition can help to maintain both. Join us to learn recipes to keep your mind healthy and discover more ways to maintain brain health.

UNDERSTANDING PALLIATIVE CARE

TUESDAY, FEBRUARY 5 | 5:30 P.M. PRESENTED BY DR. HEATHER SUNG AND JOAN GARBOW, GERIATRIC CARE MANAGER

Caring for someone with dementia can be wrought with uncertainty – especially when thinking about the future. We'll separate fact from perception when it comes to palliative care.

LUNCH & LEARN COPING TECHNIQUES FOR CAREGIVERS

THURSDAY, FEBRUARY 28 | 12:30 P.M.

Caring for a memory-impaired loved one can be difficult. Learn how to take care of your own needs while caring for your loved one and address caregiver stress during this informative presentation.

MYTHS ABOUT ASSISTED LIVING

from aplaceformom.com

Senior assisted living communities are designed to empower individuals to maintain the independence they have come to enjoy, while allowing for convenient access to assistance, activities and companionship. Communities work hard to ensure that seniors feel right at home.

Despite the great advantages of community living, making the decision to move is a difficult one for many seniors and their families. Listed below are some common myths about senior assisted living that may help you understand the benefits of this living option.

1. COMMUNITY LIVING MEANS LOSING PRIVACY & INDEPENDENCE

Truth: *You'll have your own space without the hassles.* Privacy and independence should be maintained when living in a senior assisted living community. Most communities provide you with a choice of spacious apartments with different floor plans and separate entrances. You are free to furnish your apartment with your own furniture and personal items. The doors to your apartment lock and are controlled by you. You should also feel at home and absolutely secure in your environment.

2. MOVING AWAY FROM FAMILY MEANS NO ONE WILL BE AROUND TO HELP

Truth: *Communities have built in safety and security measures along with 24-hour staff.* Senior assisted living communities are designed to reduce the worry that often comes from living alone. Features are in place to respond quickly and immediately to you in the event that you need someone to help you.

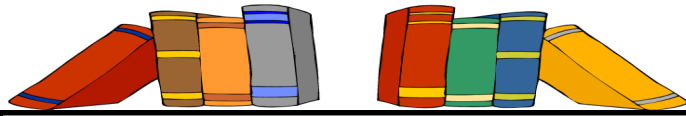
3. MOVING TO A COMMUNITY MEANS SAYING GOODBYE TO HOBBIES SUCH AS GARDENING

Truth: *Community life usually means that seniors are more active than they were living alone.* Many facilities have gardening programs for residents in addition to fitness programs, bingo, cards, and book clubs. Studies have shown that people who are active and engaged are healthier and happier. Extensive activity programs give all residents options and choices tailored to their specific needs, desires, and even lifestyle. These programs reduce the isolation felt when living alone.

As we get older, our lives change-often in unexpected ways. You don't have to be alone in facing these changes. Senior assisted living is a viable option and can enhance your quality of life empowering you to live that life the way you want to.

For information about senior living options at no cost to you, contact Lance Galassi, Healthcare Account Executive at A Place for Mom, Inc.

o: (203) 788-8922 | Referral Line: (203) 987-6320
e: lanceg@aplaceformom.com



Book Discussion

Tuesday, January 22, 2019

Discussion Leader – Michael Hess

***Seven Brief Lessons on Physics* by Carlo Rovelli**

Although we live in an era of “fake news” and general skepticism about Science, most of us have a deep interest in how things “really” work and what Reality is “really” like. Physics works on an objective basis with no agenda other than the advancement of knowledge and its practical application. In only 80 pages, *Seven Brief Lessons on Physics* takes us on a guided tour of the most important concepts in modern physics using poetic imagery and vivid metaphorical language to bring those ideas to life for non-scientists. This book has sold well over a million copies worldwide and has been translated into dozens of languages. *The New York Times* said: “The essays in *Seven Brief Lessons on Physics* arrive like shots of espresso, which you can consume the way the Italians do, quickly and while standing up. As slim as a volume of poetry, Mr. Rovelli’s book also has that tantalizing quality that good books of poems have; it artfully hints at meanings beyond its immediate scope.”

Tuesday, February 26, 2019

Discussion Leader – Carol Kaelin

***Jefferson: Architect of American Liberty* by John B. Boles**

Following our last two great discussions of first Alexander Hamilton and then John Adams, we now move on to Thomas Jefferson dubbed the “architect of American liberty” by scholar and Rice University professor John B. Boles. Published in 2017, this is the first comprehensive biography of Jefferson in nearly 50 years and Professor Boles’ deep knowledge of the source material allows him to cover the full range of Jefferson’s life, career, character, and philosophy. Among such career highlights as drafting the Declaration of Independence or Purchasing Louisiana from Napoleon, we’ll see Jefferson as a true renaissance man with wide interests in science, music, architecture, education, gourmet food and wine and books! *Publishers Weekly* said: “In a narrative as majestic as its subject, Boles takes a fresh, nuanced look at one of the America’s most enigmatic founding fathers... This is a gem of a biography.”

Book discussions take place in the Senior Center Game Room at 11:00 a.m.; lunch (\$3) is served in the Lounge at noon. Call 203-834-6240 for reservations.



M e e t t h e P r e s i d e n t
Tuesday, January 22nd, Open House, 3 p.m. to 5 p.m.
at the Senior Center

Join Stay at Home in Wilton for coffee, biscotti and Italian pastries and meet new President Sally Maraventano Kirmser. Sally will talk about the mission of Stay at Home in Wilton and how the organizations’ first priority is to serve the seniors in our hometown of Wilton. Members and volunteers will be present to share their experiences with all who are interested in learning more about the many meaningful and enjoyable activities Stay at Home offers. Becoming a volunteer is a great way to get the New Year off to a bright start!

Reservations are recommended. Please contact Janet Johnson at 203-762-2600.

Sally and her husband, Dr. Ralph Kirmser, have lived in Wilton for more than 40 years and have been board members for the past two years. Sally is the founder of Cucina Casalinga, a regional cooking school she started in Wilton in 1981. Dr. Ralph Kirmser, a cardiologist, has been instrumental in inviting a number of speakers to address our members on the topics of health and aging.

Tax Breaks & Smart Strategies for Seniors
Tuesday, February 26th: 3 p.m. to 5 p.m. at the Senior Center

Growing older qualifies you for tax perks. You don’t want to miss this very important and timely tax season discussion. Jim Kapustka, CPA and retired global controller for Marsh & McLennan Companies, is the Treasurer of Stay at Home in Wilton. He will discuss the new tax law and how it affects seniors. Topics of discussion include: 2018 tax update for seniors, tax cuts and jobs act; impact on brackets, deductions and other changes, documentation and tax return retention, and ten financial scams aimed at seniors and how to avoid them.

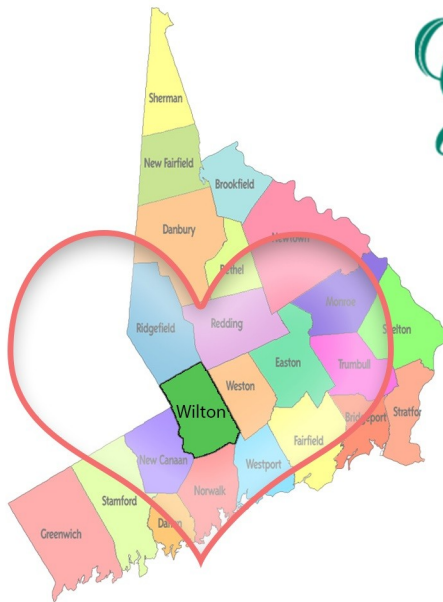
Reservations are recommended. Please contact Janet Johnson at 203-762-2600.

Jim held a number of financial positions at Marsh & McLennan. Before joining MMC in 1994, he was a Senior Manager at Pricewaterhouse Coopers, where he oversaw the audits of New York-based Fortune 100 companies as well as acquisition due diligence, integration and disposition activities. Jim enjoys hiking, travel, sailing, and spending time with his grandchildren.

**Wilton Senior Center
Comstock Community Center
180 School Road
Wilton, CT 06897**

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- Orthopedic Care
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- Wound Care Program with MD
- 65 Bed Memory Care Community
- ELMS Daycare Memory Program
- LCSW, Psychologist, Psychiatric, APRN & Psychiatrist on Staff
- Laboratory and X-Ray Services
- On-Site Pharmacy Services
- TPN, IV Therapy & Bariatric Equipment
- Restaurant Style Dining
- Veteran's Programs
- The Greens at Cannondale Assisted Living on Campus