



CORRIDORS

NOVEMBER
DECEMBER
2019

Wilton Go Green Focus Group: You are invited! Monday November 18th at Noon



On Monday, November 18th, the Senior Center will host a special noon-time luncheon and Sustainable Living brainstorming session led by Board members of Wilton Go Green. WGG is the local non-profit organization that promotes and supports efforts by the Town of Wilton and many community groups to achieve environmental sustainability.

Planning is already underway for WGG's 3rd annual Zero Waste Faire & Sustainable Living Expo. The Sunday, March 29th event (Wilton High School Field House, 11am – 4pm) will be the biggest and best yet — especially if our seniors come together and provide fresh ideas about exhibits and activities. **The November 18th focus group is to facilitate that process: many seniors live more resourceful, environmentally friendly lives than their younger counterparts.**

Exhibit categories being developed include zero waste food preparation, eco-friendly transportation, gardening, nature education, kids activities and municipal policies. Feature attractions will include a store selling unique household items and demos of practices that minimize the amount of materials that could end up in the waste stream.

Anyone wishing to participate in the 2020 Zero Waste Faire focus group, or to volunteer to help put on the Faire itself, is encouraged to visit the organization's website www.wiltongogreen.org and review the ZWF info there.

To RSVP to the Luncheon Contact the Senior Center 203-834-6240.



JUDY

Monday December 2nd 12:30

FOREVER JUDY & THE WIZARD OF OZ

Francine Evans & Joel Zelnik will take you on this memorable musical program featuring America's number one female vocalist, Judy Garland. Crafted with love, "Forever Judy" is an inspiring musical experience, highlighting song hits from the "The Wizard of Oz" celebrating its 80th anniversary this year, her concert years, and selections from the Broadway musical "The Wiz". RSVP 203-834-6240 Snacks and refreshments will be served.



Sounds of the Holidays

With Rebecca Swett, Harpist

Wednesday, December 11th at Noon

The hustle of the Holidays will soon be upon us. On Wednesday December 11th at Noon, stop and smell the cinnamon! Back by popular demand, Rebecca Swett will enchant us with sounds of the Holidays.

Rebecca has been playing the harp for over thirty years. She started at the young age of ten and never looked back! She performed in a recital hall at Carnegie Hall, attended Interlochen International Music Camp, played with the New England Music Festival Orchestra, the Connecticut All State Orchestra and toured Switzerland with the Greater Hartford Youth Orchestra. She also received a third place award in the 1970 Irish Festival Harp Competition in New York. Rebecca continued her studies at Boston University School of Music with Lucille Lawree. Enjoy a wonderful Wednesday afternoon filled with the sweet sounds of the Holiday. RSVP 203-834-6240



GUIDE TO SENIOR SERVICES

Sarah Heath.....	203-834-6238
Director, Social Services Municipal Agent for the Elderly	
Stephanie Belcher.....	203-834-6240
Social Services Activities Coordinator	
Lauren Hughes	203-834-6238
Coordinator, Senior Services	
Phoebe Musico	203-834-6238
Adult and Family Social Worker	
Debbie Wolyniec.....	203-834-6238
Administrative Assistant	
Meals-on-Wheels	203-762-0566
Food Pantry	203-834-6238
Dial-A-Ride	203-834-6235
Town-to-Town	203-299-5180
AARP	888-687-2277
Mid-Fairfield Hospice	203-762-8958
Visiting Nurse & Hospice.....	203-762-8958
RVNA.....	203-438-5555
Parks and Rec.....	203-834-6234
Stay at Home in Wilton.....	203-423-3225
Wilton Family Y	203-762-8384
Wilton Library.....	203-762-3950

CONNECTICUT ENERGY ASSISTANCE PROGRAM (CEAP)

The Wilton Social Services Department has begun assisting with applications for the Connecticut Energy Assistance Program. The Energy Assistance Program helps offset the winter heating costs of Connecticut's lower-income households. The program officially starts in November and applications can be taken through May 1—but it's best to apply earlier! Appointments will be available on Mondays, Wednesdays, and Fridays between 9:00 a.m. and 3:00 p.m. Please call Phoebe Musico, Adult and Family Social Worker, at 203-834-6238 extension 1613 for questions regarding documentation requirements or to make an appointment.

The 2019 income limits for this program are:

\$36,171 for a household of 1
\$47,300 for a household of 2
\$58,430 for a household of 3
\$69,559 for a household of 4

Medicare Part D Appointments

On Thursday November 7, representatives from the Southwestern Connecticut Agency on Aging will **meet one-on-one with individuals** in the Senior Center Technology Room regarding the Medicare Part D prescription drug program. Appointments are available between 10:00 a.m. and 2:00 p.m. for any Medicare beneficiary who has Medicare Part A or Part B or both. November is the time to get the help you need to **choose or change** your prescription drug plan. It is strongly recommended that you review your plan annually as plan coverage and drug costs often change for the coming year.

In order to attend this session, you must schedule an appointment through the Social Services office, 203-834-6238. Speak with either Debbie or Lauren.

WILTON MUNICIPAL ELECTION

Tuesday, November 5th

6:00 a.m. to 8:00 p.m.

On **Tuesday, November 5, 2019** Wilton voters will be casting their votes for First Selectman, Board of Selectmen, Board of Finance, Board of Education, Planning and Zoning Commission, various land use boards, and Constables. Voting will take place at all three of Wilton's voting districts from 6 am to 8 pm.

Polling places:

District 1—Wilton High School Clune Center, 395 Danbury Road.
District 2—Cider Mill School Main Gym, 240 School Road.
District 3—Middlebrook School Gym, 131 School Road.

Parking for voters with disabilities will be marked at each polling place. For those unable to leave their vehicles due to a temporary physical incapacity, curbside voting is available upon request at each polling place.

Deadlines for Elections

October 29, 2019—Mail-in, In-person and Online deadline to register to vote. Town Hall will be open from 9 am-8 pm to accept in person voter registrations.

November 4, 2019—In-person deadline for those who became US citizens, moved into Wilton or turned 18 years old after October 29. Town Hall will be open from 9 am-5 pm to accept in person voter registrations from these persons.

Election Day Registration—For Wilton residents who are eligible to vote and have delayed registering, Election Day registration is available at the Town Hall, from 6 am-8 pm. Voters should bring positive proof of identity and residence, such as a current and valid photo ID showing their Wilton address.

Absentee Ballots—Available October 4, 2019

Voters may download the application for an absentee ballot at any time by visiting the town website at: <https://www.wiltonct.org/town-clerk/pages/applying-absentee-ballot> or by calling the Town Clerk's office at (203) 563-0106. Submit the application to the Town Clerk who will send you an absentee ballot.

If you are on the Town Clerk's list of voters with permanent physical disabilities, you will receive your ballot automatically.

Open Enrollment Period For Medicare Part D is October 17 to December 7

For Medicare beneficiaries, November is the time to get the help you need to **choose or change** your prescription drug plan. It is recommended that you review your plans annually as plan coverage and drug costs often change for the coming year. You can also review other plan options such as Medicare Advantage Plans.

The Wilton Department of Social Services is pleased to offer Wilton seniors the opportunity to meet with Ellen Abend, a CHOICES volunteer, to review their Medicare Part D plans. Appointments are being scheduled for Thursdays during the current open enrollment period which ends on December 7. Ellen will be available for additional appointments for those who are turning 65 and need to enroll in the Medicare program. **Call Debbie Wolyniec at Wilton Social Services 203-834-6238 to schedule an appointment with Ellen. Appointment times are limited and are filling up fast!**



Census Talk Wednesday November 6th 11:00

Join us for a presentation on the upcoming 2020 United States Census at the Comstock Community Center on November 6th at 11:00 AM. Census Partnership Specialist Yvette Rose will explain how the 2020 Census is Safe, Easy, and Important. She will provide details on how a lack of participation may affect local programs and community centers. Also, Yvette will provide information on how to apply for Census jobs that will be available in this area.
RSVP to Stephanie 203-834-6240



Vascular Experts Meet Dr. Taras Kucher Wednesday November 13th 12:00 Lunch and Learn

Learn about vascular disease, what to look for, how your doctors diagnoses it and some of the newest treatments available. Lunch will be provided. FREE vascular ultra-sound screening will be offered following the presentation. Space is limited **Sign up Early**
Call 203-834-6240

Taras V Kucher MD, FACS is a Board Certified surgeon in both general and vascular surgery, specializing in vascular and endovascular techniques for treatment and arterial and venous disease.

Stay at Home in Wilton — Supporting a Vibrant Senior Community

*Learn about Membership and
Volunteer Opportunities*



**Thursday, November 7th,
10:30 AM - 12 PM at WEPCO**

Join us for brunch! This is a great opportunity to meet board members and learn more about the organization.

This holiday give or receive the gift of membership!

“I joined Stay at Home in Wilton as a present to myself. It’s given me the opportunity to participate in fun adventures while fostering new and longtime friendships. It’s the gift that keeps on giving.” -Marge Anderson



No charge. For questions or reservations call **203-762-2600**.

Get Mobile! Friday November 15th 11:00



The Kennedy Center’s Mobility Services Department (MSD) provides information and tools to help seniors and persons with disabilities navigate the public transportation system thereby maintaining or increasing their independence. The Regional Mobility Manager discusses MSD services, local transportation options and online resources, including ADA, paratransit, M7 New Freedom Fund and Reduced Fare Photo ID. Join Meg Haffner in this informational discussion about transportation options around Connecticut. Bring all your questions! RSVP 203-834-6240

BOOK DISCUSSION

Tuesday, November 26, 2019

(no December discussion)

11:00 a.m. Book Discussion

12:00 p.m. Lunch \$3

Reservations: 203-834-6240

Noon Wine by Katherine Anne Porter
[included in *Collected Stories and Other Writings*]
Discussion Leader – Ray Rauth

Katherine Anne Porter’s literary production may not have been large in quantity but it more than makes up for that in terms of its quality and she is especially masterful in her short fiction. Indeed, the compilation of her short stories and short novels, which includes *Noon Wine*, won both the Pulitzer Prize and the National Book Award when it came out in 1966. This short novel is essentially a Greek tragedy set in a shabby, down-at-heel farm in Texas. *The New York Times Book Review* said: “If it is the function of the artist to produce a masterpiece, Miss Porter may rest easy. In *Noon Wine* she has written a short novel whose largeness of theme, tragic inevitability, and steadiness of focus put it into the small category of superb short fiction that includes Joyce, Mann, Chekhov, James, and Conrad.”

Scam Discussion with Wilton Police

Monday November 11th at Noon

Lt. Hartman and Officer Dolenk will be discussing current and common scams that the Wilton Police Department and surrounding towns investigate. He will be pointing out some of the warning signs to prevent you from becoming a victim. This presentation will cover many topics. At the conclusion of his presentation he will be distributing paperwork on how to file a complaint and answer questions. Pizza Lunch will be served RSVP to 203-834-6240





The Importance of Hearing Aids Tuesday November 12th 2 p.m.

Dr. Parker’s office is providing a FREE hearing aid cleaning service the 2nd Tuesday of the Month between 2-3:30 at the Senior Center. On November 12th, Dr. Parker’s office will host a small talk on the importance of ear care and hearing aids. Hearing Aid cleanings will be November 12th and December 10th starting at 2 p.m. Any Questions please call Stephanie at 203-834-6240



NOVEMBER 2019

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Senior Volunteer Quilt Sale Items handmade by the Senior Volunteer Program will be on sale at the senior center November 4th– November 15th</p>				<p>1 10:00 Feldenkrais 10:00 Jewelry Workshop 11:00 Tai Chi 12:00 Bridge 1:00 Intermediate Bridge-last day of this session</p>
<p>4 10:30 Line Dancing 12:00 Movie 1:00 Bridge 1:30 Yoga 2:40 Strength Training</p>	<p>5 Election Day 9:45 BeMoved! 11:00 Yoga 12:10 Strength Training 12:30 Five Crowns 1:00 Studio Knitting</p> <p style="text-align: center;">Senior Volunteer Program quilt sale this week at Senior Center</p>	<p>6 10:00 Open Bridge 10:00 Writers Group 10:30 Tai Chi 11:00 Census Talk 1:00 Duplicate Bridge 1:00 Mah Jongg</p>	<p>7 10:00 Yoga 10:00 Medicare Enrollment 11:00 Blood Pressure Screenings 11:10 Strength Training 12:00 Lunch 12:45 Bingo</p>	<p>8 10:00 Feldenkrais 11:00 Tai Chi 12:00 Bridge 1:00 Intermediate Bridge-Self Directed</p>
<p>11 10:30 Line Dancing 12:00 Movie 12:00 Scam Presentation with Officer Hartman 1:00 Bridge 1:30 Yoga 2:40 Strength Training <i>Thank you to all our veterans for their service!</i></p>	<p>12 9:45 BeMoved 11:00 Yoga 12:10 NO Strength Training 12:30 Five Crowns 1:00 Studio Knitting 1:30 Mah Jongg 2:00 Hearing Aid Talk</p> <p style="text-align: center;">Senior Volunteer Program quilt sale this week at Senior Center</p>	<p>13 10:00 Open Bridge 10:30 Tai Chi 12:00 Lunch and Learn Vascular Experts 1:00 Mah Jongg</p>	<p>14 10:00 Yoga 11:10 Strength Training 12:00 Lunch 12:45 Bingo</p>	<p>15 10:00 Feldenkrais 10:00 Jewelry Workshop 11:00 Tai Chi 11:00 Mobility Questions 12:00 Bridge 1:00 Intermediate Bridge Starts Again</p>
<p>18 10:30 Line Dancing 12:00 Movie 12:00 Wilton Go Green Focus Group 1:00 Bridge 1:30 Yoga 2:40 Strength Training</p>	<p>19 9:45 BeMoved! 11:00 Yoga 12:00 Duplicate Bridge 12:10 Strength Training 12:30 Five Crowns 1:00 Studio Knitting</p>	<p>20 10:00 Open Bridge 10:00 Writers Group 10:30 Tai Chi 1:00 Mah Jongg 12:00 Thanksgiving Lunch (Senior Center)</p>	<p>21 10:00 Yoga 11:10 Strength Training 12:00 Lunch 12:45 Bingo</p>	<p>22 8:30 AAA Driving Improvement 10:00 Feldenkrais 11:00 Tai Chi 12:00 Bridge 1:00 Intermediate Bridge</p>
<p>25 10:30 Line Dancing 12:00 Movie 1:00 Bridge 1:30 Yoga 2:40 Strength Training</p>	<p>26 9:45 BeMoved! 11:00 Yoga 11:00 Book Discussion 12:10 NO Strength Training 12:30 Five Crowns 12:30 Mah Jongg 1:00 Studio Knitting</p>	<p>27 10:00 Open Bridge 10:30 Tai Chi 1:00 Mah Jongg * FOOD PANTRY CLIENTS: PLEASE NOTE FOOD PANTRY HOURS ARE 9-12 P.M. ONLY THIS DAY*</p>	<p>28 Thanksgiving Day SENIOR CENTER CLOSED</p> <div style="text-align: center;">  </div>	<p>29 SENIOR CENTER CLOSED</p>

OH	Ogden House	100 River Road	203-762-8035
Y	Wilton YMCA	404 Danbury Road	203-762-8384
WL	Wilton Library	137 Old Ridgefield Road	203-762-3950
VM	Village Market	Old Ridgefield Road	203-762-7283
VNH	Visiting Nurse & Hospice	761 Main Ave., Norwalk	203-762-8958
BE	Bridge by EPOCH	123 Richards Ave., Norwalk	203-523-0510
SAHW	Stay at Home in Wilton		203-423-3225
RVNA	Ridgefield Visiting Nurse	27 Governor Street	203-438-5555
W	Waveny Life Care	3 Farm Road, New Canaan	203-594-5310

My family told me to stop telling jokes on Thanksgiving... I told them I couldn't quit Cold Turkey!





DECEMBER 2019



Monday	Tuesday	Wednesday	Thursday	Friday
2 10:30 Line Dancing 12:30 Judy 1:00 Bridge 1:30 Yoga 2:40 Strength Training	3 9:45 BeMoved! 11:00 Yoga 12:10 Strength Training 12:30 Five Crowns 1:00 Studio Knitting	4 10:00 Open Bridge 10:30 Tai Chi 12:00 Early Days of Radio 1:00 Mah Jongg 1:00 Duplicate Bridge	5 10:00 Yoga 11:00-12:00 Blood Pressure Screening 11:10 Strength Training 12:00 Lunch 12:45 Bingo	6 10:00 Feldenkrais 10:00 Jewelry Workshop 12:00 Bridge 1:00 Intermediate Bridge Last Day for Medicare Part D open enrollment
9 10:30 Line Dancing 12:00 Movie 12:00 Stand up to Falls 1:00 Bridge 1:30 Yoga 2:40 Strength Training	10 9:45 BeMoved! 11:00 Yoga 12:10 Strength Training 12:30 Five Crowns 1:00 Studio Knitting 1:30 Mah Jongg 2:00 Hearing Aid Cleaning	11 10:00 Open Bridge 10:00 Writers Group 10:30 Tai Chi 11:00 Wreath Design 12:00 Sounds of the Holiday Rebecca Swett 1:00 Mah Jongg	12 10:00 Yoga 11:10 Strength Training 12:00 Lunch 12:45 Bingo 2:00 First Light	13 8:30 AAA Driving Improvement 10:00 Feldenkrais 12:00 Bridge 1:00 Intermediate Bridge
16 10:30 Line Dancing 12:00 Movie 1:00 Bridge 1:30 Yoga 2:40 Strength Training	17 9:45 BeMoved! 11:00 Yoga 12:00 Duplicate Bridge 12:10 Strength Training 12:30 Five Crowns 1:00 Studio Knitting	18 10:00 Open Bridge 10:00 Writers 10:30 Tai Chi 12:00 Holiday Lunch with Wilton Woman's Club and Firefighters OH 1:00 Mah Jongg	19 10:00 Yoga 11:10 Strength Training 12:00 NO Lunch 12:45 NO Bingo	20 10:00 Feldenkrais 10:00 Jewelry Workshop 12:00 Bridge 1:00 Intermediate Bridge
23 10:30 Line Dancing 12:00 Movie 1:00 Bridge 1:30 Yoga 2:40 Strength Training	24 9:45 BeMoved! 11:00 Yoga 12:10 Strength Training 12:30 Five Crowns 1:00 Studio Knitting * FOOD PANTRY CLIENTS:PLEASE NOTE FOOD PANTRY HOURS ARE 9-12 P.M. ONLY THIS DAY*	25 SENIOR CENTER CLOSED 	26 10:00 Yoga 11:10 Strength Training 12:00 NO Lunch 12:45 NO Bingo	27 10:00 No Feldenkrais 12:00 Bridge 1:00 Intermediate Bridge
30 10:30 Line Dancing 12:00 Movie 1:00 Bridge 1:30 Yoga 2:40 No Strength training from 12/30-1/10	31 NO YOGA 12/31/19 and 1/2/20 9:45 BeMoved! 11:00 NO YOGA 12:10 NO STRENGTH TRAINING 12:00 Duplicate Bridge 12:30 Five Crowns 1:00 Studio Knitting			

Senior Center Closed on January 1, New Year's Day



Please note Stephanie will be out of Office 12/30-1/10. There will be no Strength Training during that time.



Early Days of Radio

Wednesday December 4th 12:00

Radio is a 117-year-old medium but it was not until the sinking of the Titanic that radio became important. A young amateur radio operator named David Sarnoff pushed Congress after the Titanic disaster to open up radio frequencies and start commercial radio. Sarnoff would establish NBC radio in the mid-1920s. The early days of radio were a mixture of sports, music, comedies, dramas, soap operas and information. By 1927, William Paley starts CBS radio. Radio became the theater of the imagination as people "watch" radio shows around the living room radio. Among those shows were the Jack Benny Program, Superman and dramas such as War Of The Worlds. Radio's heyday was from the late 1920s to approximately 1953. Virtually every big name in entertainment had a radio show. Television would eventually surpass radio but the stars of early TV were recruited from NBC and CBS radio. Earlier TV owes its success to radio veterans including Benny, Groucho Marx, Bob Hope and others. Join Evan Weiner on Wednesday September 25th at 12:00 for an in-depth discussion on Radio. Snacks will be served.

To RSVP call Stephanie at 203-834-6240.



Holiday Wreath Decorating Workshop

Wednesday, December 11th
11-12

Create a festive 20 inch wreath for your home that can be used year after year! Participants will choose from a variety of ornamental and seasonal items to decorate their own original holiday wreath. Wire is attached for hanging. This program is FREE! Sign up early, Space is Limited! **203-834-6240**



Three Children Who Changed the World

Thursday, December 12th 2:00

Come be inspired!

This lecture is an inspiring collection of real-life stories concerning three young people who individually changed the landscape of compassionate generosity.

Each child unsuspectingly starts a domino-event in the life of an adult; where a simple response of helping one person in need, gradually grows into local, national, and international campaigns of saving thousands. Presented in an engaging story-telling format, attendees will better understand how making a small investment could yield a big return in their world! Hot Coco and small desserts will be served
RSVP to Stephanie 203-834-6240.



Stand Up to Falls:

Monday December 9th 12:00

Do not allow a fall to spoil your holidays! Join us to de-stress before the holidays with a "Stand Up to Falls" presentation to ensure you are strong and safe. The Injury Prevention Coordinator in Trauma Center from Norwalk Hospital will be presenting a program that is designed to raise fall prevention knowledge and mindfulness. Various measures will be introduced in order to reduce falls and improve the health and well-being of participants. Lunch will be provided

RSVP 203-834-6240

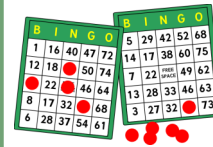


HOLIDAY LUNCHEON

Friday December 6th 12:00

A holiday luncheon will take place on Friday, December 6, from 12:00 p.m. to 1:30 p.m. at the Comstock Community Center. The lunch is sponsored by the Wilton Parks and Recreation Department. Lunch, Entertainment and Raffles! The cost is \$5.

Reservations: **203-834-6234**



Equipment Bingo .. and Show & Tell!

Monday, December 16, 12:00pm

Join **RVNAhealth** and **On the**

Mend for noontime fun and a hearty round of Equipment Bingo and Show & Tell. From household tools to mobility aides to adaptive medical equipment, there are lots of ways to make your life easier, keep your daily tasks achievable, and maintain your independence and lifestyle. Please join us. *Food will be served.* **RSVP 203-834-6240**

AAA's FREE Driving Improvement Program

Wilton Police Lieutenant David Hartman, Instructor

Friday, November 22

Friday, December 13

Comstock Community Center

8:30 a.m. – 12:30 p.m.

The AAA Driver Improvement Program is designed for experienced drivers who wish to improve their driving skills and review defensive driving basics. By completing this class drivers 60 years of age and older may qualify for a minimum 5% discount* on their auto insurance. In fact, some insurers provide that discount to experienced drivers as young as 55. We encourage you to check with your insurer to see what benefits they offer.

Register online by visiting www.aaa.com/driverimprovement or call AAA at 203-937-2595 ext. 4684 for more information.

HOLIDAY HAPPENINGS

Thanksgiving Luncheon

A Thanksgiving luncheon will take place on Wednesday November 20th, at 12:00 p.m. at the Comstock Community Center. The lunch is sponsored by the Wilton Parks and Recreation Department. The cost is \$3. Entertainment will follow. For reservations, please call 203-834-6240.



Holiday Luncheon

The annual holiday luncheon will take place on Wednesday, December 18 at Ogden House, 100 River Rd. The luncheon is presented by the Wilton Woman's Club and will be served by the Wilton Firefighters. There is no charge for this luncheon. For reservations, please call 203-834-6240.



Turnover Shop Jewelry Sale

December 18th, 2018 from 11:30 a.m. to 1 p.m.
Ogden House

All jewelry will be priced at \$1.00 for each item. There will be necklaces, bracelets, pins, and watches rings, pendants, and more!

The Turnover Shop is located at 98 Ridgefield Rd, Wilton. It was established 80 years ago and is a 501(c)3 charitable organization run by volunteers. Beneficiaries include Visiting Nurse and Hospice, Wilton PTA, Wilton Relay for Life, Wilton Volunteer Ambulance, Salvation Army plus many other local groups that consign their donations that are credited to their account.



The Turnover Shop is open Monday through Friday 10 a.m. to 4 p.m. and Saturday 10 a.m. to 1 p.m. Consignments are Tuesday and Thursday 10 a.m. to 11:15 a.m.

Donations are accepted during these hours. For more information, visit the website: www.turnovershopwilton.org or call 203-762-3160.

They are also looking for shop volunteers!

GETAWAY TOURS

Below are upcoming trips that you and your loved one of any age can go on for a wonderful day full of adventure. The bus will pick up participants at Nordem Park 10 Nordem Place, Norwalk Connecticut. Participants will know pick up time one week in advance.

WEDNESDAY November 20th Radio City Christmas Spectacular

This Morning we will depart from your area, en route to New York City. Upon arrival, enjoy lunch at the famous Italian restaurant Carmine's. Your meal will be served family style with platters of Rigatoni Bolognese, Penne ala Vodka and Chicken Marsala & Mushrooms. After lunch, we will depart for Radio City Music Hall where you will enjoy the 2019 Edition of the Radio City Christmas Spectacular, starring, the world-famous Rockettes! Be a part of this American tradition, as a new show will be introduced with a bounty of exciting segments and special effects, yet still retaining your favorite classical Christmas sights and songs. This is a Holiday Getaway that can't be missed!

Cost: \$210.00 per person Includes: Transportation, Radio City Christmas Spectacular Lunch at Carmine's.

Checks can be made out to "Getaway Tours" and given to Stephanie at the Wilton Senior Center. Please include phone number with check. Sign ups can only occur when a check is submitted. Stephanie will call you a week ahead to give you your departure time. Plan for an all day trip.

For any questions please call Stephanie at 203-834-6240.

COMSTOCK WRITERS GROUP

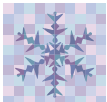
The Comstock Writers group will meet on the following Wednesdays from 10 a.m. to 11:30 a.m. at the Senior Center

November 6
November 20th
December 4th
December 18th

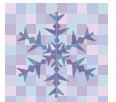
Additional winter dates to be determined. For more information, contact Magdalen Livesay at 203-417-7203.

SENIOR CENTER INCLEMENT WEATHER POLICY

When in doubt, call 203-834-6240 after 7:30 a.m. and listen to the recording for information regarding the day's activities at the Senior Center.



The Senior Center and Social Services staff would like to wish Everyone a happy and healthy holiday season!



Wilton Senior Center
Comstock Community Center
180 School Road
Wilton, CT 06897

BULK POSTAGE
U.S. POSTAGE PAID
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WILTON, CT

*Printing costs for this issue of
Corridors have been
generously underwritten by:
RVNAHealth*

Ridgefield Visiting Nurse Association {RVNA} is now RVNAhealth



'Well enough' is *not* enough.

When it comes to your care and well-being, we do **WELL**, *very well*. RVNAhealth provides lifelong care and wellness services that bring the **WELL** to your health, care, and daily living. We provide the **WELL** you need when, where and how you need it.

BEWELL	Wellness, Prevention and Nutrition
GETWELL	Nursing and Rehabilitation Therapies
STAYWELL	In-Home Caregivers
COMFORTWELL	Hospice Care

We do **WELL**, *very well*.

203.438.5555
RVNAhealth.org

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