

## Press Release

April 7, 2020

### Explore Wilton Walking Trails program

With Town fields and recreational facilities closed and the NRVT often overcrowded, the Office of the First Selectwoman and the Environmental Affairs Department are encouraging residents to discover other ways to be in the fresh air in a healthy, socially responsible way. To encourage residents to choose less traveled public access trails in our natural open spaces, we are announcing the Explore Wilton Walking Trails program. We are hopeful this program will introduce you to new walking trails and help others learn about the trails in a fun way with each entry eligible to win gift cards from Wilton restaurants and businesses.

### Program Details

Step 1 -- Visit and explore at least 10 of [Wilton's open space parks](#).

Step 2 -- Complete your [Walking Log Form](#) on Conservation Commission page of Town of Wilton website. This does NOT include the NRVT – Norwalk River Valley Trail - due to current overcrowding on this trail.

Step 3 - Create a short video (30 seconds max) telling us about your experience. Share footage of you on the trails, show us how you practice social distancing while hiking -- be creative and have fun!

Step 4 -- Like and Follow [@wiltonconservationcommission](#) on both Facebook and Instagram, and accept our Follow-back and Friend requests.

Step 5 -- Post and Share your video to Facebook or Instagram and tag [@wiltonconservationcommission](#) and add [#wiltonconservationcommission](#) to your Comment. By tagging [@wiltonconservationcommission](#) in your post, you give us permission to re-post to these social media accounts and the Town of Wilton website.

Deadline: May 8, 2020

Winners will be announced shortly thereafter on Facebook, Instagram and Town of Wilton website.

### Special Note:

Before you venture out onto a walking trail, don't forget to:

- check the [trail map online](#) or posted at trail site kiosks;
- practice social distancing while hiking;

- wear tick repellent.

Questions? Email Zen Herter, Environmental Affairs Department, at [zen.herter@wiltonct.org](mailto:zen.herter@wiltonct.org).

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