From the parking area the trail leads north through a grove of crab apple trees (bloom in May/June) into a meadow (wildflowers all summer long). You can either walk south through the field or west across the field to a wide area of the river (pond). The trail goes south along the river to the "stonebridge," where stepping stones are set on top of a low dam. Across the river, the path loops to the north and then down the river to Stonebridge Road. Here you can either cross a wooden bridge and return to the parking area or cross Stonebridge Road to the southern portion of the Sanctuary.

The southern portion is excellent for fishing. Trout are regularly seen in the West Branch of the Saugatuck River. The trail leads south along the west bank to an abandoned cement bridge, crosses the river and back up the east side. A short walk up Stonebridge Road returns you to the northern portion.

The entire trail is about 0.75 miles long. It provides great dog walking all year and cross country skiing in the winter.

The Stonebridge Parcel borders the West Branch of the Saugatuck River. There is easy walking - although somewhat wet in the spring - along the pleasant trail network that is present at the site. The preserve was donated to the Aspetuck Land Trust by Alice DeLamar in 1969.
A Wilton Walker's Guide to
The Stonebridge Wild Fowl Sanctuary

Directions: From Rte. 7, follow Rte. 106 east to the intersection with Rte. 53. Follow Rte. 53 north 0.8 miles to Newtown Turnpike. Head south on Newtown Turnpike for 0.3 miles to Stonebridge Road. Sanctuary is north and south of the bridge.

Acreage: 20

Parking: A 3 car area is located off Newtown Turnpike.

Access: North and south off Stonebridge Road.

Trails: Scenic trails for hiking and riding where designated. Distance is 0.75 miles. Easy walk.

Ownership: Aspetuck Land Trust, Inc.