# Social Services in Wilton

Board of Selectmen Meeting

September 22, 2020

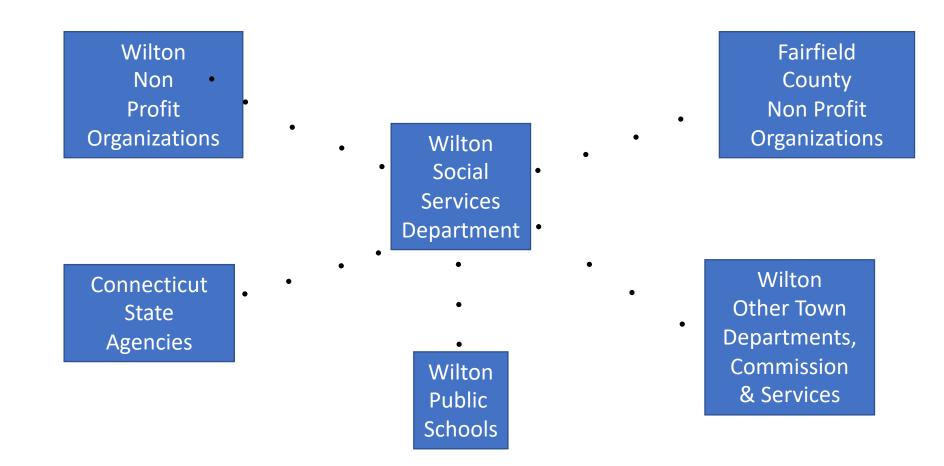
#### What Social Services Means in Wilton

#### When you think Social Services in Wilton, you might think of the Social Services Department

But Social Services is much more than that. It is a **network of Wilton, Fairfield County and State non profit and government resources** 

The role of the Social Services Department is to facilitate access to those resources to help meet the social and psychological needs of Wilton residents of all ages.

#### **Social Services Network**



## Town of Wilton Government Social Services Network

Social Services Department	<u>Schools</u>	P&R <u>Dept &amp; Comm</u>	E.A/Conservation <u>Dept &amp;Comm</u>	<u>Health</u>	<u>Grants/In Kind</u>	<u>Tax Relief</u>	Social Services Commission
Youth & Senior	Guidance Counselors	Programming	Trails	School Nurses	WLA	Senior-Town	Liaison & Outreach
Short-Term Counseling	Social Workers	Parks	Programming	Flu Clinic	Trackside	Senior-State	to non profits
and Referrals	Psychologists	Playing Fields		Public Helath Nursing	WVAC	Indiv with Disabilities	Eyes and Ears in the
Food Pantry		Dial-A-Ride		ALS-Paramedic Services	NRVT		community to
Senior Center					Witon Commons		identify needs
Programming					Ambler Farm		
Financial Assistance					AR Single Family Housing		
Resource Assistance							
Medical Transportation							

## Wilton Non Profit Social Services Network

EXAMPLES OF SERVICE PROVIDERS			
<u>Seniors</u>	<u>Youth</u>	All or Other Ages	Housing
Stay at Home	Wilton Youth Council	WLA	Odgen House
	Trackside	YMCA	Wilton Commons
	ABC of Wilton	Wilton Interfaith Action Committee	
	Circle of Care	Community Assistance Fund	
		SWAG	

## State Government and Fairfield County Social Services Network

EXAMPLES OF SERVICE PROVIDERS				
Housing	Counseling	<b>Transportation</b>	Other Services	State Funded
2-1-1 Infoline	Kids in Crisis	Norwalk Transit	Person to Person	CEAP-energy assistance
Housing Authorities	Positive Directions	Cancer Care	Family and Children's Agency	<b>Operation Fuel</b>
Shelters	NAMI SoWest CT	American Cancer Soc	AARP-Tax Prep	SNAP
	The Hub			Access Health CT
	Family and Children's Agency			
	Mid Fairfield Child Guidance			
	Fairfield Counseling/LifeBridge			
	Norwalk Community Health Center			

The mission of the Wilton Department of Social Services is to help meet the social and psychological needs of Wilton residents of all ages.

This is accomplished by providing information and referrals to local, state and federal social service programs, financial assistance, short-term counseling, and programming.

The Senior Center, Wilton Youth Services and the Wilton Food Pantry are specialized areas within the department. Our offices are located in the Comstock Community Center. Our staff works closely with other town departments to provide assistance and support to Wilton residents of all ages. Additionally, Wilton Social Services is part of the Town's Emergency Management Team.

#### Wilton Social Services COVID-19 Service Delivery

#### During the pandemic we needed to change the way we deliver services and use resources

#### • Food Pantry:

- Increased donation of gift cards
  - Resulted in unplanned benefit of clients being able to use them for fresh and frozen items.
- Social Services staff, rather than volunteers, are manning the food pantry
  - Resulted in unplanned improvement in the service delivery
  - Increased client contact and increased confidentiality

#### • Senior Counseling:

- Increased use of phone contact
- Some Zoom contact
- Very restricted and infrequent in-person contact

#### • Senior Activities:

- The indoor Senior Center remains closed due to the high risk population serviced
- Programs are now outdoors under the tent and online
- Weather will restrict outdoor offerings in the future

#### Wilton Social Services COVID-19 Service Delivery

During the pandemic we needed to change the way we deliver services and use resources , cont.

- Short-term Youth Counseling and Referrals:
  - Short-term counseling is now online and by phone
  - *Referral work is now online and by phone*
  - As needed, outside agencies can be used to supplement counseling hours due to the retirement of the Youth Services Director. A permanent replacement will be hired when in-person interviews can be held
    - Outside agencies allow for greater ability to flex up and down based on demand
    - As an example, Kids in Crisis is used by the Wilton Public Schools and neighboring towns for counseling
- Family Programs:
  - Back to school and holidays gift programs are now in the form of gift cards

## **Counselors: How Did We Compare to** Fairfield County Social Services Departments?

<u>Town</u>	<b>Population</b>	Programming and Admin	Non Youth Counseling	Youth Counseling	<u>Comments</u>
Redding	9k	*	1 FT, 1 per diem	0	Refers to counseling agencies
Weston	10k	*	1 PT	0	Refers to counseling agencies
Wilton	18k	2 FT, 1 PT	2 PT	1 PT**	Short-term counseling and referrals
New Canaan	20k	*	2 FT	1 PT	crisis counseling only (then refers out)
Darien	21k	*	2 FT	0	Refers to counseling agencies
Ridgefield	24k	*	1 FT	0	Refers to counseling agencies
	201	*		0	
Westport	28k	Ť	2 FT, 1 PT	0	Contracts with KIC*** for a FT counselor at SHS
Fairfield	62k	*	6 PT	0	Refers to counseling agencies
*only showing Wilton					
**Expectation of 1	**Expectation of 1 FT or 2 PT as we get into 2021				
**KIC= Kids in Crisis htt	os://www.kidsincrisi	s.org/get-help/teentalk	/		