



# CORRIDORS

NOVEMBER  
DECEMBER  
2010

## Veterans Memorial to be Dedicated November 11

On Thursday, November 11, at 10:00 a.m., the Veterans Memorial Green, honoring all Wiltonians who have given their lives in service to their country, will be dedicated at the intersection of Old Ridgefield Road and Center Street. Veterans will meet at the library and march to the Memorial for the Veterans Day Ceremony and the Veterans Memorial Green Dedication. The ceremony will conclude at 11:00 a.m. with raising of the flag and playing of taps.



honored war dead, a bluestone plaza, and a lighted flagpole from which the American flag will fly day and night.

Members of the Veterans Memorial Green Committee are Chairman Bill Brennan, Tom Briody, Ken Dartley, Don Hazzard, Ann Klotz, Don Klotz (deceased), Jack Majesky, Carol Russell, and Bing Ventres; Tom Thurkettle, Project Manager; Bob Faesy, Kevin Quinlan, and Richard Vail, Architects; Richard Kent,

Landscape Architect.

Since the French and Indian War, Wilton men and women have fought in our country's wars, bringing honor to our town as they did. This memorial will provide a central place to pay homage to their sacrifice.

The memorial consists of six granite monuments inscribed with the names of Wilton's

This endeavor has been a private-public collaboration. You may make a donation on the Town website [www.wiltonct.org](http://www.wiltonct.org) or by check payable to the Town of Wilton. The public is encouraged to attend this event honoring our service men and women.

## WILTON COMMONS VOTE ON NOVEMBER 30

On October 4, the Board of Selectmen approved the extension of the option to lease 4.8 acres of land to Wilton Commons until December 8, 2011. With the downturn in the economy, funding has been difficult to obtain. However, Wilton Commons has made significant progress in the past three months toward meeting the conditions in the option agreement. We expect to start the closing process for funding with the state agencies and the tax credit investor as we approach the current deadline of December 8, 2010.

In addition to approval by the Selectmen, the one-year option extension requires approval by a Special Town Meeting which will be held on Tuesday, November 30, 7:30 p.m., at Middlebrook School. **There will be no Saturday vote.** Please attend and vote "Yes" for the extension of

the Option Agreement until December 8, 2011. Be sure to have personal identification with you.

Dial-A-Ride will provide service to Middlebrook School on November 30 for the Special Town Meeting. In addition Lauren Hughes, Coordinator of Senior Services, will match individual drivers with those who need a ride. Call Lauren at 203-834-6238 if you can drive others or you need a ride yourself.

The Wilton Commons Board has worked diligently for ten years to get where we are today. We need your support by attending the meeting and voting "YES."

*George Ciaccio, Chairman, Wilton Commons*

# Memory Screening on November 1 and 16

On Monday, November 1, Visiting Nurse & Hospice of Fairfield County and the Wilton Senior Center will sponsor free one-on-one, confidential memory screening from 9:30 a.m. to 11:30 a.m. at the Wilton Senior Center. Screenings will take place by appointment only. For more information or to make an appointment, contact Jeanette Graham, Life Care Coordinator at Visiting Nurse & Hospice, at 203-762-8958 ext. 249. Another opportunity for memory screening will take place on Tuesday, November 16, at Laurel Ridge Health Care Center, 642 Danbury Road, Ridgefield, from 11 a.m. to 2 p.m. To schedule your appointment or for more information, call Laurel Ridge at 203-438-8226. These confidential memory screenings are offered free of charge as a community service.

## ***Why is memory screening important?***

Memory screening is a first step toward identifying Alzheimer's disease, related dementia, and other conditions that cause memory loss. Memory screening may put your fears to rest when results turn out normal. A normal memory screening score also establishes a baseline for future comparison. The re-

sults of the memory screening do not represent a diagnosis of any particular illness. Screening does not replace consultation with a qualified healthcare professional.

Memory may be affected by a number of factors, including stress, lack of sleep, Alzheimer's disease, vascular dementia, vitamin deficiencies, depression, and thyroid problems. Some conditions are reversible. In general, the earlier the diagnosis, the easier it is to treat. Early recognition of mild cognitive impairment provides an opportunity for healthcare professionals to treat the condition and possibly slow the decline in memory and other functions.

A memory screening is a simple, safe evaluation tool that takes five to ten minutes to administer. It consists of a series of questions and/or tasks designed to test memory, language skills, thinking ability and other intellectual functions.

Results of the memory screenings are confidential. Ask for a copy of the screening results to bring to your healthcare professional.



Perry Ebel will be the speaker at the November 20 meeting of the Hearing Loss Association of America, Southwestern CT Chapter. His topic will be "Innovative Assistive Hearing Devices for Those with Hearing Loss".

The mission of the association is "We open the world of communication to people with hearing loss, their family, and friends by providing information, education, support and advocacy." The meetings, held at the United Covenant Church, 68 Westport Rd., Wilton, are free and open to the public. For information contact Alan Gould at 203-762-8269.

## **BLOOD PRESSURE SCREENINGS**

Complimentary and open to the public.  
Sponsored by Visiting Nurse & Hospice

Wilton Senior Center, 11 a.m. to noon  
Thursdays, November 4 and December 2

Village Market, 12:30 p.m. to 2 p.m.  
Tuesdays, November 23 and December 28

Wilton Family Y, 9 a.m. to 10:30 a.m.  
Wednesdays, November 17 and December 15

Ogden House (residents only)  
9:30 a.m. to 11 a.m.  
Fridays, November 5 and 19  
Fridays, December 3 and 17

## MEDICARE “REPS” ARE COMING!

### MEDICARE PART D INFORMATION APPOINTMENTS

On Thursday, November 18, representatives from the Southwestern Connecticut Agency on Aging will be at the Senior Center meeting with individuals regarding the Medicare Part D prescription drug program. Appointments between 10 a.m. and 1 p.m. are available for any Medicare beneficiary who has Medicare Part A or Part B or both. November is the time to get the help you need to choose or change your prescription drug plan. Please call Sharon Powers at 203-834-6238 to schedule an appointment.

This is your window of opportunity to enroll in or change your Medicare Part D prescription drug coverage program. The **Annual Enrollment period is from November 15 to December 31**. Enrollment in Part D is optional, but if you do not sign up when you are first eligible and change your mind later, you may have to pay a penalty of higher premium. There are exceptions. When you first become eligible for Medicare, you may enroll in a Medicare Prescription Drug Plan the first day you become eligible for Part A or part B. You may also enroll in a Medicare Prescription Drug Plan when you first become eligible for low-income subsidy (Extra Help).

## UPCOMING FLU CLINICS

Flu vaccine clinics are open to anyone age three years or older. No appointment is necessary. Cost for flu vaccine is \$38. Medicare, Anthem, Aetna, cash or check will be accepted. Pneumonia vaccine is also available for persons age 65 and older who have not received the vaccine since reaching age 65. Cost is \$60. Pneumonia vaccine is billable to Medicare Part B. Visiting Nurse & Hospice clinics will take place on:

Saturday, November 6  
Wilton YMCA  
9:00 a.m. to 11:00 a.m.

Friday, November 26 (day after Thanksgiving)  
Wilton Library  
10:30 a.m. to 1:30 p.m.

For more information, call the Flu Info Line at 203 834-6341 ext 444 or visit [www.visitingnurse.net](http://www.visitingnurse.net).

## Cholesterol Screening Visiting Nurse & Hospice 761 Main Avenue, Suite 114, Norwalk

Tuesday, November 9  
8:30 a.m. to 11:30 a.m.

Includes total cholesterol, HDL, LDL, triglycerides and glucose, blood pressure, Body Mass Index calculation and health counseling session with RN. Fasting recommended, but not necessary. By appointment only. Please call 203-762-8958 ext. 221. Cost: \$25, cash or check.

## PARKS AND REC TRIPS

November 19

Pequot Museum/Foxwoods Casino

December 6

Newport Mansions, Newport, RI

December 9

New York On-Your-Own

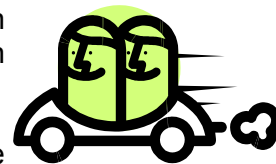
[www.wiltonparksandrec.org](http://www.wiltonparksandrec.org)

## ITNCoastalCT

ITNCoastalCT™ is dedicated to keeping seniors active and engaged. Recent studies have shown that when seniors stop driving, they go to 15% fewer doctor trips, 59% fewer shopping/entertaining outings and 65% fewer social events. United Way of Coastal Fairfield County grant funds will go toward this **transportation service, which is 24 hours a day, 7 days a week, 365 days a year for any reason**. The arm-through-arm, door-through-door service will be available to up to 36,000 seniors in the six-town region of Westport, Weston, Norwalk, Fairfield, Wilton, and Easton. All drivers are background-checked and trained to assist riders with packages and walkers.

ITNCoastalCT will begin service with a “soft start” on November 8, 9, and 10.

Information packets are available at the Senior Center. Call for more information: 203-834-6240.



## Rising Stars Perform at the “Arts at St. Matthew’s”

Houston Grand Opera mezzo-soprano Faith Sherman and Pittsburgh Opera baritone Dan Kempson will reunite in a joint recital at St. Matthew’s on Sunday, November 21, at 4 p.m. Both former Wiltonians and graduates of Wilton High School, these two homegrown singers are rising stars in the opera world.

Dan Kempson grew up singing with St. Matthew’s choirs and the Wilton High School music programs. Reviews of his performances with opera companies from coast to coast praise his rich, ringing tone and resonant voice, as well as his onstage ease and enchanting manner.

Faith Sherman, who participated in the Wilton Presbyterian Church and Wilton High School music programs, now resides in Texas. She performs all over the country and Europe to rave reviews for her excellent, expressive mezzo and her passion and poise on stage.

You won’t want to miss these two outstanding young musicians when they “Come Home to Wilton” and to the “Arts at St. Matthew’s.”

Tickets available at St Matthew’s office or call 203-762-7400 to reserve your seat.

Adults: \$20

Patrons: \$40 (preferred seating)

Students: \$5

## Ogden House Activities

**Sandra Bacher** is teaching Watercolor Art. Classes take place on Tuesdays from 8:45 a.m. to 11:45 a.m. in the activities room. November 30 to January 4. \$20 for Ogden House residents; \$27 for non-residents.

**Liz Wendell** is teaching gentle chair yoga on Tuesdays from 2:00 p.m. to 3:00 p.m. The exercises focus on breathing and movement of the body while integrating mind and body through meditation. \$3 per class. New students are always welcome.

## SENIOR CENTER LUNCH PROGRAMS 12:45 to 1:25 p.m. at the Ogden House

November 3, The Hoot Owls

November 10, Griffin Liewa, RN, Director of Nursing Services at Laurel Ridge Health Care Center in Ridgefield, will talk about fall prevention and senior safety.

December 1, Gentleman Songsters

December 8, The Treblemakers

December 15, The Middlebrook Singers

Local religious and civic organization teams prepare a delicious lunch each Wednesday for Wilton seniors. The luncheon is open to all Wilton seniors and takes place at the Ogden House, 100 River Road. Lunch (\$3) begins at noon. Reservations: 203-834-6240.

## LUNCH AT ST. MATTHEW CHURCH

St. Matthew Church has added a December 2 Lunch to its program this year. Cathy Pierce, Director of Wilton Social Services will be the guest speaker. Ms. Pierce will speak about services available through the town’s Social Service Department.

Lunch is served at noon; donation, \$3. Call St. Matthew Church office for reservations: 203-762-7200.

## Local Election News

All three polling places will be open on Tuesday, November 2, from 6 a.m. to 8 p.m. for Wilton voters to cast their ballots in this year’s important State/Federal election. Your ballot will include all state-wide Connecticut offices (Governor, Lieutenant Governor, and Attorney General), U.S. Senator, U.S. Representative, State Senator, and State Representative. Polling places are Wilton High School Clune Center, Driscoll Gym, and Middlebrook Gym. Absentee ballots are available NOW from Bettye Ragognetti, your Town Clerk.

If you have questions, contact your Registrars of Voters, Tina Gardner or Carole Young-Kleinfeld at 203-563-0111. The Wilton website has a handy Voter Info Look-Up site at [www.wiltonct.org](http://www.wiltonct.org) to check your polling place.

# Trackside

## AVAILABLE FOR MEETINGS

The Trackside Center, located at 15 Station Road just off Route 7, is available for daytime and evening meetings for groups, large and small. Daytime meetings for Wilton groups and committees are available free of charge. Groups can meet in a conference-room setting for up to 14 people, in a relaxed living room setting for up to 20, or for large groups up to 120 in the barn setting. The kitchen is available for warming and preparing foods, and the coffee pot is always on! For more information or to book a meeting, please call Trackside at 203-834-2888.

## Seminar with Sonia

To awaken the sleeping teacher inherent in all of us, learn the simple steps of self-hypnosis with Sonia Katz. In a recent interview, Ms. Katz explained: "It is a skill that can be easily understood and implemented. I have used this knowledge for over 40 years and want to share this with you. Join me for a workshop of fun and relaxation whatever your age or experience. This is a positive step to improving the quality of your life. After all, hypnosis is really focused concentration."



Ms. Katz studied hypnosis with Dr. Brian Weiss, author of *Many Lives, Many Masters*. Ms. Katz will teach how to achieve relaxation through breathing techniques, guided meditation, and position, and how to plant the proper suggestions in the unconscious mind in order to achieve goals.

When: Thursdays, November 4, 11, 18, at 2 p.m.  
Where: Senior Center  
Fee: \$5 per class

# Holiday Lunches

## BAPTIST CHURCH THANKSGIVING LUNCH

The Wilton Baptist Church, 254 Danbury Road, will treat the town's senior citizens to a bountiful Thanksgiving luncheon on Wednesday, November 17. Beginning at 11:30 a.m., with hot cider, this will be the thirty-fourth year of the generous gift at no cost to Wilton seniors. Erik Fortmeyer will be organizing the affair along with help from community church members. Reservations: Call the Senior Center at 203-834-6240 by Monday, November 15. **Do not call the Baptist Church.**



## PARKS AND REC THANKSGIVING LUNCH

The Parks and Rec Department will host a Thanksgiving luncheon on Friday, November 12, at noon at the Comstock Community Center. The cost is \$5. Reservations: 203-834-6234.

## CHRISTMAS HOLIDAY CELEBRATIONS

On Wednesday, December 15, Captain Karl Dolnier and Wilton Career Fire Fighters Local 2233 will serve a turkey dinner with all the trimmings to seniors at the weekly Ogden House luncheon. This wonderful tradition began in 1985 as a way for the fire fighters to thank seniors for their years of support. Volunteers from Our Lady of Fatima Church, under the direction of Ed Raposa, will prepare the meal compliments of the fire fighters. Lunch is served at noon; guests are encouraged to come early to socialize. The Middlebrook Singers and Middlemen under the direction of Janet Nobles, Jana Janeway, and Jennifer Ginsberg will again provide the entertainment. Middlebrook's Student Council, coordinated by Tim Ley, will treat the participants to homemade delights. Reservations: 203-834-6240.


## PARKS AND REC HOLIDAY LUNCH



The Parks and Rec Department will sponsor a Holiday Luncheon at Comstock Community Center on Friday, December 10, noon to 1:30 p.m. The lunch and entertainment are \$5. Reservations: 203-834-6234.



# NOVEMBER 2010

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> <b>9:30-11:30 Memory Screening at Comstock</b> 10:30 Line Dancing 11:30 Coffee and... 12:30 Play Reading with Andrea	<b>2</b> <b>Election Day</b> 11:00 Yoga 12:00 Garden Club Lunch and Activity 2:00 Chair Yoga OH	<b>3</b> 10:00 Tai Chi 10:00 Comstock Writers 12:00 Lunch OH Guest: Hoot Owls 12:00 Duplicate Bridge	<b>4</b> 10:00 Yoga 11-12 Blood Pressure Screening 12:00 Lunch 12:45 Bingo 2:00 Seminar with Sonia 6:00 Life is not a Spectator Sport! G	<b>5</b> 9:30-11 Blood Pressure Screening OH 10:00 Jewelry 12:00 Bridge 1:30-3 Free Swim Y
<i>Flu Clinic Nov. 6, 9-11 a.m., Y</i>				
<b>8</b> 10:30 Line Dancing 11:30 Coffee and...	<b>9</b> 8:30-11:30 Cholesterol Screening VNH 9:30 Intro to Computer Fundamentals 11 Yoga 1 Comstock Knitters and Crafters 2:00 Chair Yoga OH	<b>10</b> 10:00 Tai Chi 11:00-1:00 RSVP Holiday Boutique OH 12:00 Lunch OH Guest: Griffin Liewa on Fall Prevention and Senior Safety	<b>11</b> <b>10:00 Dedication of Veterans Memorial</b> 10:00 Yoga 12 Lunch 12:45 Bingo 2:00 Seminar with Sonia 5:30 Social Services Commission at Trackside 6:00 A Stroke is not Par for the Course! G	<b>12</b> 9:30 Intro to Computer Fundamentals 12:00 Parks and Rec Thanksgiving Lunch 12 Bridge 1:30-3 Free Swim for Seniors Y
<b>15</b> 10:30 Line Dancing 11:30 Coffee and...	<b>16</b> <b>11:00-2:00 Memory Screening by appointment at Laurel Ridge</b> 9:30 Graphics 11:00 Yoga 12:00 Duplicate Bridge 2:00 Chair Yoga OH	<b>17</b> 9:00-10:30 Blood Pressure Screening Y 10:00 Tai Chi 10:00 Comstock Writers 11:30 Thanksgiving Lunch at the Baptist Church	<b>18</b> 10:00 Yoga 10:00-1:00 Medicare Part D consultations by appointment 12:00 Complimentary Lunch WM 2:00 Seminar with Sonia	<b>19 Pequot Museum/Foxwoods Trip</b> 9:30-11 Blood Pressure Screening OH 9:30 Graphics 12 Bridge 1:30-3 Free Swim for Seniors Y
<i>Hearing Association Meeting, Nov. 20 St. Matthew's Concert, Nov. 21</i>				
<b>22</b> 10:30 Line Dancing 11:30 Coffee and... 1:00 Comstock Knitters and Crafters	<b>23</b> 11:00 Yoga 11:00 Book Discussion with Ray Rauth 12:00 Lunch 12:30-2 Blood Pressure Screening VM 2:00 Chair Yoga OH	<b>24</b> 10:00 Tai Chi No Lunch at Ogden House	<b>25</b> <b>Thanksgiving Day</b> <b>Senior Center Closed</b> 	<b>26</b> <b>Senior Center Closed</b>  <b>10:30-1:30</b> <b>Flu Clinic WL</b>
<b>29</b> 10:30 Line Dancing 11:30 Coffee and...	<b>30</b> 8:45 Water Color OH 11:00 Yoga 2:00 Chair Yoga OH 7:30 Wilton Commons Special Town Meeting at Middlebrook School	<div> <div> <b>K</b> <b>E</b> <b>Y</b> </div> <div> <b>OH</b> Ogden House  <b>Y</b> Wilton Family Y  <b>WL</b> Wilton Library  <b>G</b> The Greens  <b>WM</b> Wilton Meadows  <b>VM</b> Village Market  <b>VNH</b> Visiting Nurse &amp; Hospice  <b>LR</b> Laurel Ridge Health Care            All activities are held at the Senior Center unless otherwise noted.         </div> <div>           100 River Road            404 Danbury Road            137 Old Ridgefield Rd.            435 Danbury Road            439 Danbury Road            Old Ridgefield Road            761 Main Ave., Norwalk            642 Danbury Rd., Rdgfld         </div> <div>           203-762-8035            203-762-8384            203-762-3950            203-761-1191            203-834-0199            203-762-7283            203-762-8958            203-438-8226         </div> </div>		

# DECEMBER 2010

Monday	Tuesday	Wednesday	Thursday	Friday
<div> <p><b>Corridors</b> is on the Town website <a href="http://www.wiltonct.org">www.wiltonct.org</a></p> <p>Click on the miniature <i>Corridors</i> on the home page.</p> </div>		<p><b>1</b> 9:30 RSVP OH 10:00 Tai Chi 10:00 Comstock Writers 12:00 Lunch OH Guest: Gentlemen Songsters 12:00 Duplicate Bridge</p>	<p><b>2</b> 10:00 Yoga 11-12 Blood Pressure Screening 12:00 Lunch at St. Matthew Church  5:30 Social Service Commission at Trackside</p>	<p><b>3</b> 9:30-11 Blood Pressure Screening OH 10:00 Jewelry Workshop 12:00 Bridge 1:30-3 Free Swim for Seniors Y</p>
<p><b>6</b> <b>Newport Mansions, Newport, RI Trip</b> 10:30 Line Dancing 11:30 Coffee and... 12:30 Play Reading with Sherman</p>	<p><b>7</b> 8:45 Water Color OH 11 Yoga 12 Garden Club Activity and Lunch  2:00 Chair Yoga OH</p>	<p><b>8</b> 9:30 RSVP OH 10 Tai Chi 12 Lunch OH Guest: Treblemakers</p>	<p><b>9</b> <b>New York on-your-own Trip</b>  10:00 Yoga 12:00 Lunch 12:45 Bingo</p>	<p><b>10</b> 9:30 Basic Excel 12 Parks and Rec Holiday Lunch 12 Bridge 1:30-3 Free Swim for Seniors Y</p>
<p><b>13</b> 10:30 Line Dancing 11:30 Coffee and...</p>	<p><b>14</b> 8:45 Water Color OH 9:30 Advanced Graphics 11:00 Yoga 1:00 Holiday Cookie Making compliments of Laurel Ridge 2:00 Chair Yoga OH</p>	<p><b>15</b> 9:00-10:30 Blood Pressure Screening Y 9:30 RSVP OH 10:00 Tai Chi 10:00 Comstock Writers 12:00 Lunch OH Guest: Middlebrook Singers and Firefighters</p>	<p><b>16</b> 9:30 Advanced Graphics 10:00 Yoga 11:45 Wilton Senior Council G No Lunch at the Senior Center</p>	<p><b>17</b> 9:30 Basic Excel 9:30-11:00 Blood Pressure Screening OH 12 Bridge 1:30-3 Free Swim for Seniors Y</p> <p><b>Hayrides Tonight at Ambler Farm</b></p>
<p><b>20</b> 9:30 Introduction to Word 2007 10:30 Line Dancing 11:30 Coffee and...</p>	<p><b>21</b> 18:45 Water Color OH 0 Strength Train. Y 10:30 Arthritis Ex. Y 11 Yoga 12:00 Duplicate Bridge 2:00 Chair Yoga OH</p>	<p><b>22</b> 9:30 Introduction to Word 2007 10 Tai Chi No Lunch at Ogden House</p>	<p><b>23</b> 10:00 Yoga 12:00 Lunch 12:45 Bingo</p>	<p><b>24</b> <b>Christmas Eve Senior Center Closed</b></p>
<p><b>27</b> 10:30 Line Dancing 11:30 Coffee and... 1:00 Comstock Knitters and Crafters</p>	<p><b>28</b> 8:45 Water Color OH 11:00 Yoga 12:30-2:00 Blood Pressure Screening VM 2:00 Chair Yoga OH</p>	<p><b>29</b> 9:30 RSVP <i>Corridors</i> Assembly OH 10:00 Tai Chi No Lunch at Ogden House</p>	<p><b>30</b> 10:00 Yoga 12:00 Lunch 12:45 Bingo</p>	<p><b>31</b> <b>New Year's Eve Senior Center Closed</b></p>

*Kiwanis Holiday Concert  
Dec. 4, 8 p.m.*

# **COMSTOCK COMPUTER LEARNING CENTER**

**COMSTOCK COMMUNITY CENTER**  
**180 School Road, Wilton**  
**203-834-6410 or 203-762-8445**  
**Andrea Ragusa, Coordinator**



The Computer Learning Center offers computer classes specifically designed for adults. Come and experience computer learning in a fun, stimulating and comfortable environment at the Senior Center.

## **Introduction to Computer Fundamentals**

This introductory course is for those with limited or no computer experience who would like to test the waters. It will include turning the computer on and off, using the mouse and keyboard, understanding the meaning of simple computer terms, opening and closing a program, and using the desktop. This is excellent preparation for Introduction to Word 2007.

## **Introduction to Word 2007**

Step into the present to acquaint yourself with the Word 2007 program. It has a different appearance from the Word version you may have been using. The familiar toolbars and menus from previous versions of Word are gone! This course will explore the Word Window, Office Button, Terminology, Ribbon Organization, Quick Access Toolbar, Document views, plus commonly used features in Word. You will learn how to do the same things you've always done such as entering, changing, deleting, copying, pasting, underlining, aligning, saving, as well as inserting a bullet or number in text in a Word 2007 environment. (Guide and practice sheets included.)

**Word 2007 Graphics** featuring how to use the ribbon. (Word 2007 familiarity needed.) You will be amazed at what you can create! A quick review will cover the Office Button, Terminology, Ribbon Organization, Office Clipboard, Quick Access Toolbar,

and Mini Toolbar. From the Page Layout tab, you will apply borders to pages, paragraphs, and text, and apply shading with custom color selections. From the Home tab you will insert graphic styles of bullets and numbering; from the Insert tab, utilize task panes, galleries and/or contextual tool tabs for Clipart, Pictures, Positioning of Pictures, Word Art, Symbols, Special Characters, and text boxes. (Guide and practice sheets included.)

## **Advanced Graphics in Word 2007**

This course will build on the material learned in Word 2007 Graphics. You will further enhance your subject matter in a document, simple table or columns. The Drawing function, with its many new features, will be covered in depth. You will move through the Layout Tab for margins and orientation, Home Tab for specific functions to insert text material, and the Insert Tab to incorporate Word Art, Clip Art, Pictures, and Drawings. (Guide and practice sheets included.)

## **Basic Excel**

This two-session course will introduce the basics of this popular spreadsheet program including essential vocabulary, concepts and features. Become familiar with entering, editing, and formatting numerical and text data. Experiment with basic database capabilities. Learn to design meaningful, attractive and useful spreadsheets. (Worksheets included.)

## **Course Fees**

Each course listed above is \$25. The registration form is at [www.wiltonct.org](http://www.wiltonct.org) on page 13 of the Corridors Newsletter. Print it out and send it in!

### **COMPUTER CLASS SCHEDULE**

**Classes take place from 9:30 a.m.-11:30 a.m.**

Introduction to Computer Fundamentals, Nov. 9 & 12  
Introduction to Word 2007, Dec. 20 & 22  
Word 2007 Graphics, Nov. 16 & 19  
Advanced Graphics in Word 2007, Dec. 14 & 16  
Basic Excel, Dec. 10 & 17

### **COMPUTER CENTER**

#### **INCLEMENT WEATHER POLICY**

When the Wilton Public Schools are closed due to weather, the Computer Center courses for that same day are cancelled.

*School DELAYS do not affect the computer courses.*  
Call 203-834-6410 after 7 a.m. for information.



# R.S.V.P. Holiday Boutique

**Wednesday, November 10**

**11 a.m. - 1:00 p.m.**

**Ogden House, 100 River Road, Wilton**

***Proceeds buy needed supplies for hand-crafted projects that are donated to the community. The public is encouraged to attend.***

## **Why support the R.S.V.P. Boutique?**

In 1971 RSVP was launched under the auspices of the Federal Administration on Aging. By 2001 the RSVP program nationwide included over 750 local projects with nearly half-a-million volunteers contributing over 78 million hours of service through a network of 70,000 local agencies. What started out as a small federal project more than 35 years ago has become an integral part of many communities nationwide.

Wilton volunteers contributed 6,945 hours of time to the community in the past year. This volunteer service helped augment staff time in various agencies and assisted in needed fundraising. Service hours included administration assistance, help with special events, educational programs, flu clinics, blood mobiles, kindergarten registration, and emergency preparedness training.

The Wilton volunteers also created over 350 hand-crafted items which were donated to Social Service agencies in Wilton and those in need in the greater Southwestern Connecticut community. Items included lap robes to Wilton Social Services; bibs to the Department of Mental Retardation of Lower Fairfield Regional Center; hats, mittens, and scarves to the NEON Child Development program; quilts to Family and Children's Agency and Nursing and Home Care/Mid-Fairfield Hospice. Hats and scarves were donated to the Merchant Seaman's Christmas at Sea Project.

## **AARP TAX AIDE 2010**

Volunteer for the nation's largest FREE tax preparation and assistance service. There are many kinds of volunteer opportunities – from Tax-Aide Counselors to Greeters as well as Communications and Technology Coordinators. One opportunity might be right for you!

Like working with numbers?

AARP Tax-Aide volunteer Counselors interact with clients by preparing tax returns on a one-to-one basis. Even if you don't have accounting or tax preparation experience, becoming a Counselor may be right for you. AARP provides training in tax law procedures, the preparation of tax forms, and the use of tax preparation software.

Like working with people better than working with numbers?

An AARP Tax-Aide Greeter is the first person clients meet when they enter a tax counseling facility. Greeters make sure the taxpayer has all the necessary paperwork before meeting with a volunteer Counselor, and they manage the flow of clients being served.

Have a knack for computers and technology?

Technology Coordinators manage computer equipment, work to ensure taxpayer data security, and provide technical assistance to volunteers at multiple sites on technology issues.

Good at managing people and programs?

Leadership Positions manage volunteers, synchronize plans with other volunteer leaders, and assure smooth program operation.

**FOR ADDITIONAL INFORMATION:** Visit [www.aarp.org/taxaide](http://www.aarp.org/taxaide).

## **Wilton Emergency Contact List**

**To add your name to the Wilton Emergency Contact List, call Sharon Powers at the Department of Social Services 203-834 6238. This list will be used to identify Wilton seniors who may need assistance in a natural disaster or other emergency.**

# MEALS ON WHEELS OF WILTON, INC.

*by Jeannie Bain, President*

Meals on Wheels of Wilton is a not-for-profit organization which serves our community by providing nourishing meals for those Wilton residents of any age who are not able to take care of their own nutritional needs because they are sick, homebound, handicapped, convalescing, frail, or for any other reason.

Dedicated volunteers deliver a hot and/or cold meal at noontime every Monday, Wednesday, and Friday. Double meals may be delivered to those clients requiring prepared food six days a week. Low fat, low salt, and other special diets are prepared by the dietary staff of Wilton Meadows Health Care Center in accordance with individual health wishes and/or instructions from physicians.

The current fee is \$3.50 per hot meal and \$1.75 per cold meal. No one is refused because of

financial reasons. We encourage referrals from physicians and other health professionals. We welcome inquiries from anyone who may need our service and from relatives, friends, or neighbors. While we request 24-hour notice to begin or stop service, we are here to assist clients on either a short- or long-term basis.

Devoted volunteers are the integral foundation of our organization. Most drivers deliver once a month, but some are on our substitute list and deliver only occasionally. If you are interested in volunteering for this worthwhile effort, or if you would like to request meal delivery, contact coordinator Janet Kristiansen at 203-762-0566 or 203-762-7861.

If you have other questions or are interested in serving as a Board member, please call Jeannie Bain at 203-762-3192.

## Play Reading

Monday, November 1, 12:30 p.m. to 2:30 p.m.

Moderator—Andrea Ragusa

**Design For Murder** by George Betson

This exciting thriller in three acts is about Celia Granger and her efforts to maintain the traditions attached to her family's magnificent old mansion on the Hudson River.

Suddenly a young maid is killed and Celia finds herself living in a violent setting. When the chauffeur stumbles upon information linking Celia's son to the slain girl, suspicion falls on everyone.



Monday, December 6, 12:30 p.m. to 2:30 p.m.

Moderator—Sherman Poultney

**Othello** by William Shakespeare (Part I)

"The Tragedy of Othello, the Moor of Venice" is perhaps Shakespeare's greatest triumph as a stage play. Othello is a man of royal blood and a professional soldier, but he is not experienced with life in

society. Desdemona is a lady from the best society of Venice who has eloped in the night to marry a stranger, Othello. Iago, a professional soldier serving under Othello, is one of Shakespeare's most subtle villains. For revenge, Iago brings Desdemona and Othello to destruction by drawing upon the jealousy in love.

### Coming in 2011:

January 10, **Othello (Part 2)**

by William Shakespeare

February 7, **She Stoops to Conquer**

by Oliver Goldsmith

March 7, **Androcles and The Lion**

by George Bernard Shaw

April 4, **The Bourgeois Gentleman**

by Moliere

May 2, **Cat On A Hot Tin Roof**

by Tennessee Williams

Call the Senior Center at 203-834-6240 to sign up.

## ***Holiday Cookie Decorating Party***

Mark your calendar for a sweet date on **Tuesday, December 14, from 1:00 p.m. to 2:00 p.m.** at the Senior Center's Holiday Cookie Decorating Party compliments of Laurel Ridge Health Care Center of Ridgefield. Please join us while we listen to holiday music as we frost and decorate cookies. Laurel Ridge will provide the cookies, decorative toppings, and icing. All you need to bring is your creativity! Space is limited to the first 20 who sign up. Reservations required: 203-834-6240



### **THE GREENS AT CANNONDALE**

The Greens at Cannondale in conjunction with Danbury Hospital has

two exciting presentations for November.

On Thursday, November 4, Dr. Frank Hermantin of Danbury Orthopedic Associates will present "Life is Not a Spectator Sport!" With modern medicine and increasing options for continued bone and joint health, you never need to become a spectator in the game of life. Learn how to keep yourself healthy, with unique ways you can strengthen your bones and body by keeping yourself active.

On Thursday, November 11, Stroke Program Coordinator Heather Duggan, RN, will present "A Stroke is Not Par for The Course!" You don't have to be a pro to reduce your risk of a stroke. Learn how to recognize the hazards and warning signs of a stroke. Take home tips on preventive care and understand how to keep your body "young at heart."

A light dinner will be provided at 5:30 p.m. Presentations will take place from 6:00 p.m. to 7:00 p.m. at The Greens at Cannondale, 435 Danbury Road, Wilton. Please call 866-374-0007 for reservations.

## ***STAY at HOME*** *in Wilton*

Stay at Home in Wilton is providing seniors of all ages assistance with the things they need to stay in the homes they love. If a ride is needed, we have volunteer drivers. If a computer is misbehaving, we have competent computer geeks among our volunteers. If you would like to meet other members of Stay at Home in Wilton, there are opportunities to meet and greet, and be involved. Just watch the local papers.

To find out more about Stay at Home events and offers, please go to [www.stayathomeinwilton.org](http://www.stayathomeinwilton.org) (Yes, we know it's a long name for a website, but no one else has it!) The website includes information about joining, the various services offered, and how to contact someone who can answer your questions at [info@shwil.org](mailto:info@shwil.org)

### **BOOK DISCUSSION with RAY RAUTH**

at the Senior Center

**Tuesday, November 23**

*Life on the Mississippi* by Mark Twain

This is no ordinary travel book. On April 18, 1882, Mark Twain together with his publisher, James R. Osgood, and Roswell Phelps, a stenographer, began the journey to the Mississippi. They traveled by rail covering the thousand miles from New York to St. Louis in a day and a half and took four hours in a little packet boat to make the one-mile trip across the river to East St. Louis and into a different civilization. According to the book's introduction: "The juxtaposition of the two civilizations connected by the drifting river was...a metaphor expressing Mark Twain's contradictory imagination. A child of progress who had committed himself to the technology of steam, to the American ideology of freedom and progress, and to the American business of finance capitalism...yet could fully feel the pleasure and indulgence of idleness, lost time, and even lost cause."

Discussion at 11:00 a.m.; lunch (\$3) at noon.  
Call 203-834-6240 for reservations.

"The Area's Premier Assisted Living Community"  
435 Danbury Road, Wilton, CT 06897

*The Greens*  
AT CANNONDALE

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generously underwritten by*

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WILTON, CT

Wilton Senior Center  
180 School Road  
Comstock Community Center  
Wilton, CT 06897

## Kiwanis Club of Wilton

presents

# The Big Band Holiday Concert

Saturday, December 4, at 8 p.m.  
Wilton High School Clune Center

featuring

## The Fairfield Counts

General Admission - \$20  
Call Dial-A-Ride today to reserve your ride.  
Seats are limited. Call 203-834-6235.

To order tickets: 203-604-9014 or  
[www.wiltonkiwanis.org](http://www.wiltonkiwanis.org)

## GUIDE TO SENIOR SERVICES

**Catherine Pierce** ..... 203-834-6238  
Director, Social Services, and Municipal Agent for the Elderly

**Lauren Hughes** ..... 203-834-6238  
Coordinator, Senior Services

**Lizabeth Doty** ..... 203-834-6240  
Coordinator, Senior Activities

**Andrea Ragusa** .. 203-762-8445 or 203-834-6410  
Comstock Computer Learning Center

**Sharon Powers** ..... 203-834-6238  
Office Assistant

**Meals-on-Wheels** ..... 203-762-0566

**Dial-A-Ride** ..... 203-834-6235

**Town-to-Town** ..... 203-299-5180

**FISH (medical transportation)** ..... 203-834-3737

**AARP** ..... 203-866-0435

**RUOK (Are You OK?)** 203-834-6238 or 834-6260

**Visiting Nurse & Hospice of Fairfield County**....  
..... 203-762-8958

**Parks and Rec Department** ..... 203-834-6234

**Wilton Family Y** ..... 203-762-8384

**Wilton Library** ..... 203-762-3950

**COMSTOCK COMPUTER**  
**LEARNING CENTER**  
**COMSTOCK COMMUNITY CENTER**  
180 School Road, Wilton, CT 06897  
203-834-6410 or 203-762-8445  
Andrea Ragusa, Coordinator

The Computer Learning Center in Comstock Community Center offers computer courses for adults. Course descriptions are published in ***The Wilton Bulletin***, the Parks and Rec Fall Brochure, and on the website at [www.wiltonct.org](http://www.wiltonct.org). To register please print this form and send it in with your check.

**Mail the form below and your check payable to TOWN OF WILTON to:**

Comstock Computer Learning Center, Comstock Community Center,  
180 School Road, Wilton, CT 06897

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

E-Mail: \_\_\_\_\_

X	COURSE TITLE	DATES	Fee
	INTRODUCTION TO COMPUTER FUNDAMENTALS	November 9 and 12	\$25
	INTRODUCTION TO WORD 2007	December 20 and 22	\$25
	WORD 2007 GRAPHICS	November 16 and 19	\$25
	ADVANCED GRAPHICS IN WORD 2007	December 14 and 16	\$25
	BASIC EXCEL	December 10 and 17	\$25