



# CORRIDORS

NOVEMBER  
DECEMBER  
2017



*Doug Katz, Grounds Superintendent, is surrounded by crew members (left to right) Pat Dagostino, Frank Lema, Mike Pirre, and Elio Mignogna at the Comstock Community Center hippo.*

## There's No Slow Season for the Parks and Recreation Grounds Crew

WHO --- plows and shovels the snow at the Comstock Community Center, Wilton Center, the Wilton Library, Wilton Town Hall and along Route 7?

WHO --- mows, grooms, aerates, fertilizes and irrigates the Town's ball fields and maintains the fences, screens and guard rails?

WHO --- mows, trims hedges and maintains the plantings at the Town Hall complex?

WHO --- maintains the Town's tennis courts on Route 7 and Merwin Meadows on Lovers Lane?

WHO --- mows Horseshoe Park, Schenck's Island and the Route 7 commuter lot?

WHO --- takes care of the playgrounds at Comstock, Merwin Meadows, Miller-Driscoll, Cider Mill and Middlebrook Schools?

WHO ????

ANSWER: the hard-working grounds crew of five, including Grounds Superintendent Doug Katz, that operates within Wilton's Parks and Recreation Department under Director Steve Pierce.

"There's never a slow season for Parks and Grounds," explains Doug Katz who has worked for the Town of Wilton for thirty years and has been Grounds Superintendent for eight of those years. The five full-time members of the grounds crew, assisted by an additional six college students during the summer, meet the changing, never-ending demands of weather and usage. "We take pride in our four-season responsibilities and the quality of our work in behalf of Wiltonians of all ages," Doug concludes.

## Open Enrollment Period Medicare Part D - October 15 to December 7

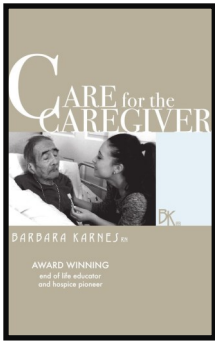
For Medicare beneficiaries, November is the time to get the help you need to **choose or change** your prescription drug plan. It is recommended that you review your plan **annually** as plan coverage and drug costs often change for the coming year. You have the following opportunities for a one-on-one meeting with an advisor:

1. The Wilton Department of Social Services is pleased to offer Wilton seniors the opportunity to meet with Ellen Abend, a CHOICES volunteer, to review their Medicare Part D plans. Appointments are being scheduled for **Thursdays**

during the current open enrollment period which ends on December 7.

2. On **Monday, November 6**, representatives from the Southwestern Connecticut Agency on Aging (SWCAA) will meet one-on-one with individuals in the Senior Center Technology Room regarding the Medicare Part D prescription drug program. Appointments are available **between 10:00 a.m. and 2:00 p.m.** for any Medicare beneficiary who has Medicare Part A or Part B or both.

Call Debbie Wolyniec at Wilton Social Services (203-834-6238) to schedule an appointment.



Visiting Nurse and Hospice  
of Fairfield County  
presents  
**Care for the Caregiver**

Monday, Dec. 4, 11:00 a.m.  
Senior Center Lounge

End-of-life caregivers face unique challenges. They must keep themselves balanced and healthy amid constant sadness while maintaining a happy, engaged, personal life. In her award-winning film, hospice pioneer Barbara Karnes, RN, offers insights that will help caregivers overcome these challenges and avoid burnout.

Join Christine Pfeffer, Director of Hospice for Visiting Nurse and Hospice of Fairfield County, for a viewing of this DVD presentation followed by a question and answer session. Reservations: 203-834-6240.

### **AAA's FREE Driving Improvement Program**

Wilton Police Lieutenant David Hartman, Instructor  
Monday, November 13 or  
Sunday, December 17  
Comstock Community Center  
8:30 a.m. – 12:30 p.m.

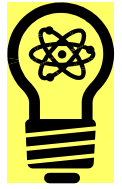
The AAA Driver Improvement Program is designed for experienced drivers who wish to improve their driving skills and review defensive driving basics. By completing this class drivers 60 years of age and older may qualify for a minimum 5% discount\* on their auto insurance. In fact, some insurers provide that discount to experienced drivers as young as 55. We encourage you to check with your insurer to see what benefits they offer.

Register online by visiting [www.aaa.com/driverimprovement](http://www.aaa.com/driverimprovement) or call AAA at 203-937-2595 ext. 4684 for more information.

**PLEASE CONTACT YOUR INSURER IN ORDER TO DETERMINE WHAT AUTO INSURANCE BENEFITS, IF ANY, WOULD BE ASSOCIATED WITH THIS PROGRAM.**

*\*The discount does not cover uninsured motor coverage, rental reimbursements, and towing and labor costs.*

## **CONNECTICUT ENERGY ASSISTANCE PROGRAM (CEAP)**



The Wilton Social Services Department is available to help you apply for assistance with your heating bills. Approximate income guidelines for eligibility state that a single individual may earn no more than \$34,366; a couple's maximum income may not exceed \$44,940. Income includes wages, social security, pension, rental income, child support, and interest.

There is also a liquid assets test. Liquid assets include checking and savings accounts, CDs, stocks/shares, bonds, annuities, certificates of deposit, and individual retirement accounts. The purpose of the liquid assets test is to ensure that winter heating assistance dollars go to households most in need, that is, to people who lack the financial means to heat their home. For homeowners, the first \$15,000 in liquid assets, and for other households, the first \$12,000 in liquid assets, is disregarded. Any amount over that limit is added to the annual gross income for a total that must be below the income guidelines.

Applications may be completed now. For more information or to schedule an appointment, contact Phoebe Musico at Wilton Social Services (203-834-6238). New documentation is required each year.

### **Lunch and Learn with Synergy Homecare**

Wednesday, November 29, 12:00 p.m.  
Senior Center Café

Did you ever wonder what kind of information you should share on the telephone?

Did you know you should have a code word that insures you are speaking with a grandchild or another loved one?

How about safety at home? Should you answer the door if you are not expecting someone?

Should you have area rugs and scatter rugs? What about the safety of extension cords and their placement?

These are just a few of the questions Jay Kiley from SYNERGY HomeCare will address when he presents "Silly Things Seniors Do." It promises to be a fun, informative and interactive presentation. You will walk away with helpful tips and information. A complimentary lunch will be provided by Synergy HomeCare. RSVP 203-834-6240.



## COMSTOCK COMPUTER LEARNING CENTER

180 School Road

Andrea Ragusa, Coordinator

Classes from 10:00 a.m. to Noon

**Registration Required: 203-762-8445**

Word Basics for Beginners This class is for people who are new to word processing and want to learn the basics and get started. It introduces vocabulary, concepts and features. Topics will include windows operations, using the toolbar and creating and formatting documents. Some prior use of the mouse and knowledge of the keyboard are required. Keyboarding practice handout is included. Taught by Andrea Ragusa on Tuesday, November 28. Fee: \$10.

Internet Basics for Beginners This introductory course begins with an overview, followed by the concepts and terminology needed to get you googling and searching the web for specific information, as well as downloading information and pictures. Also learn how to email (Gmail) attachments, save, and print. Some prior use of the mouse and knowledge of the keyboard are required. Keyboarding practice handout is included. Taught by Andrea Ragusa on Thursday, November 30. Fee: \$10.

WORD 2010/2013 Learn the functions of changing margins, paper size and orientation, printing, saving, page numbering, spell checker, grammar checker, and thesaurus as part of setting up documents, letters, and invitations. Specific advanced questions will be addressed. Taught by Catherine Myers on Monday and Wednesday, November 13 and 15. Fee: \$20.

WORD 2010/2013 Graphics Have fun with software opportunities such as borders for paragraphing and full page, inserting pictures and clipart, changing fonts, using the color wheel, and working with full page and half sheets. Word Art and shapes also will be incorporated in a book cover or art project of choice. Taught by Catherine Myers on Monday and Wednesday, December 11 and 13. Fee: \$20.

## Wilton 2017 Municipal Election Tuesday, November 7, 6:00 a.m. to 8:00 p.m.

The 2017 Municipal Election will take place on **Tuesday, November 7**, from 6:00 a.m. to 8:00 p.m. at all three Wilton polling places. Voters will elect local officials to the Board of Selectmen, Board of Education, Board of Finance, Board of Assessment Appeals, Planning and Zoning Commission, Constables, and Zoning Board of Appeals.

### Polling places

District 1—Wilton High School Clune Center, 238 Danbury Road—serves the northern section of Wilton.

District 2—Cider Mill School Main Gym, 240 School Road—serves the Belden Hill and western sections of Wilton.

District 3—Middlebrook School Gym, 131 School Road—serves the south section and River Road areas of Wilton.

**Please note:** Miller Driscoll School is NOT a polling place anymore.

**Parking for voters with disabilities** will be marked at each polling place. For those unable to enter the polling place due to a physical disability curbside voting is available upon request. Please contact the Wilton Registrars of Voters office for information.

### Absentee Ballots

If you are unable to appear at the polls anytime between 6:00 a.m. and 8:00 p.m. on Election Day because of absence from town, physical disability, illness, military service, or religious prohibitions, you may apply for an absentee ballot. Contact the Town Clerk's office at 203-563-0106.

### Questions?

Contact Registrars of Voters Carole Young-Kleinfeld and Annalisa Stravato at 203-563-0111.

## Free Downloads Music & Movies from Wilton Library



Wednesday, November 8 and Wednesday, December 13  
1:00 p.m. to 2:30 p.m., Senior Center Technology Room

BYOD – Bring your own device and learn how to download popular magazines, music, and movies free to your mobile device or computer. There is something for everyone and hours of enjoyment for patrons with Wilton Library cards. Presented by Wilton Library for seniors at the Wilton Senior Center. Registration required. Register online at [www.wiltonlibrary.com](http://www.wiltonlibrary.com) or call the library at 203-762-6334.





## **Surgical and Non-Surgical Options for Knee and Hip Pain**

RVNA Center for Exceptional Care  
27 Governor Street, Ridgefield

Thursday, November 9, 6:30 p.m. to 8:00 p.m.

Extreme joint pain can compromise your mobility, lifestyle, health and happiness.

At this educational session, join experts from Orthopaedic Specialists of Connecticut and Rehab by RVNA for a presentation and discussion on surgical options for knee and hip pain (including same-day surgery); non-surgical treatments; and pre- and post-surgery rehabilitative therapy.

Presenters include:

- Sanjay Gupta, M.D., Joint Replacement Specialist, Orthopaedic Specialists of Connecticut
- Antonio Paz, M.D., Interventional Pain Management Specialist, Orthopaedic Specialists of Connecticut
- Gigi Weiss, MSPT, Director of Rehabilitation and Physical Therapy, Rehab by RVNA.

A question-and-answer period will follow. This event is free and open to the public.

RSVP: [info@ridgefieldvna.org](mailto:info@ridgefieldvna.org) or 203-438-5555.



## **Get A Fresh Eye!**

Kathy Engstrom, owner of A Fresh Eye, LLC, is a real estate staging professional and organizer. She currently specializes in home decorating, staging houses for resale, and move management. Kathy will offer two different classes in November.

### **"Stage Your Home to Sell!"**

Monday, November 13, 10:00 a.m. to 12:00 p.m.

Do you want to get your home ready for the Spring market? Learn how to sell your home quickly and at top dollar. Stage it! In a fun, interactive class, Kathy will show you how to make sure your home looks its best and appeals to the largest number of buyers. She will focus on the key elements of real estate staging.

### **"Conquer the Clutter!"**

Thursday, November 30, 10:00 a.m. to 2:00 p.m.

Are you moving to a smaller home and find you need to get rid of a ton of accumulated possessions? Are your closets scary? Do you want to get things organized, but just don't know where to begin? Kathy will help you start bringing order to your chaos. She will teach you how to attack your clutter, decide what is important and what can be discarded, and create systems to help things function smoothly and maintain order going forward.

The classes will take place in the Senior Center Technology Room. Fee: \$10 per class. Registration: 203-834-6240.



## **Caregiving through the Holidays**

**Thursday, December 14**  
**2:00 p.m. and 5:30 p.m.**

Bridges by EPOCH Memory Care Assisted Living in Norwalk will host an educational session on "Caregiving Through the Holidays" at 123 Richards Avenue in Norwalk. The things that make the holidays special may also make caring for a loved one with dementia challenging. Learn how to ensure your loved one's comfort amid large gatherings, bright lights, or unfamiliar places.

RSVP to Christy Perone, Director of Community Relations, at [cperone@bridgesbyeepoch.com](mailto:cperone@bridgesbyeepoch.com) or 203-523-0510. Since this presentation is given at two separate times, be sure to specify which one you wish to attend.



## **HOLIDAY LUNCHEON**

A holiday luncheon will take place on Friday, December 1, from 12:00 p.m. to 1:30 p.m. at the Comstock Community Center. The lunch is sponsored by the Wilton Parks and Recreation Department. The cost is \$5. Reservations: 203-834-6234.

## **FLU SHOTS**

**WEDNESDAY, NOVEMBER 1**  
**10:00 A.M. TO 11:30 A.M.**

## Wilton Parks and Rec Wilton Senior Center THANKSGIVING LUNCH



The Wilton Parks and Recreation Department and the Senior Center will treat the town's senior citizens to a bountiful Thanksgiving luncheon on Wednesday, November 15, at Comstock Community Center. All Wilton senior citizens are welcome! Socializing begins at 11:30 a.m. followed by a Thanksgiving lunch at noon. The luncheon feast includes roast turkey, stuffing, side dishes, and dessert.

Reservations: call the Senior Center at 203-834-6240 by Thursday, November 9. To schedule a ride with Dial-A-Ride call 203-834-6235.

## Fire Fighters Host Luncheon



On Wednesday, December 13, at noon the Wilton Career Fire Fighters Local 2233 will serve a turkey dinner with all the trimmings at an Ogden House luncheon. This wonderful tradition began in 1985 as a way for the fire fighters to thank seniors for their years of support. Volunteers from the Wilton Woman's Club will prepare the meal, compliments of the fire fighters. Guests are encouraged to come early to socialize. The Middlebrook Singers and Flute Choir will provide entertainment. Middlebrook's Student Council members will treat the participants to homemade delights. Reservations: 203-834-6240.

## Book Discussion

with Ray Rauth  
at the Senior Center  
Tuesday, November 28, 11:00 a.m.

***Billy Budd* by Herman Melville**

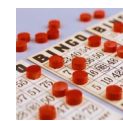


Considered a classic on the level of its sibling *Moby Dick*, Melville's final novel *Billy Budd* is a short work whose interpretation can follow many varied paths. Discovered in manuscript nearly 30 years after Melville's death, it was first published posthumously in London in 1924 and was quickly hailed as a masterpiece. With a ship's captain playing all the roles of witness, judge, jury, and executioner, it's a story of swift and summary justice on the high seas during wartime. But as authors Edward Winans and James Paris concluded about the novel: "Though ostensibly a simple tale of injustice, [it's] actually a multi-leveled exploration of good and evil in the universe...Because it is so multi-faceted, each new light exposes a new surface to view. This and the elemental problem of good and evil which the novel explores, then, will undoubtedly continue to attract and transfix its readers for a long time to come."

Lunch (\$3) is served at noon. Reservations: 203-834-6240.



**GAME DAY**  
**THURSDAY, DECEMBER 7**  
**11:00 A.M. TO 2:00 P.M.**



***Lunch compliments of First Light Home Care***  
*Join us for "games extraordinaire" at the Senior Center on December 7. Play your favorite card or board game before a complimentary lunch. Play bingo after lunch or continue with your before-lunch game. RSVP: 203-834-6240.*



## Stay at Home in Wilton—the best gift this Holiday Season

*It's the gift that lasts 365 days of the year! Get one month free in December!*




A Stay at Home in Wilton membership may be just what you need. It's a gift you can give yourself or ask your children to consider for this holiday. It's a built-in safety net and social network. No more worrying about imposing on family or friends. Members have access to rides and household help when needed and interesting monthly outings, events and seminars to attend. All services are included in the low membership fee. An annual membership is only \$360 for a single or \$480 for a couple.

***New Members will receive 1 month off the membership fee during the month of December!***

**For Gift Certificates Contact: Janet Johnson, Executive Coordinator, at 203-762-2600.**




# NOVEMBER 2017

Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>Items handmade by members of the Senior Volunteer Program are for sale in the Senior Center Lounge this week.</i></p>		<b>1</b> 9:30 Sewing OH 9:30 Watercolors 10:00 Open Bridge 10-11:30 Flu Clinic 10:30 Tai Chi 1:00 Duplicate Bridge 1:00 Mah Jongg	<b>2 Medicare Part D Appts</b> 10:00 Beginning Portraiture 10:00 Yoga 11-12 Blood Pressure Screening 12:00 Lunch 12:30 Pencil Drawing 12:45 Bingo	<b>3</b> 10:00 Jewelry Workshop 10:00 Feldenkrais 11-2 Free Sr Swim Y 11:30 Intro to Bridge 12:00 Bridge 1:30 Intermediate Bridge
<b>6</b> 10-2 Medicare Part D Appointments 10:30 Line Dance Fusion 11:30 Colored Pencil Painting 12:00 Movie 1:00 Encore Bridge	<b>7 Election Day</b> 9:45 BeMoved 10:00 Oil/Acrylics 11:00 Yoga Note: Garden Club is Nov. 14 this month. 12:30 Five Crowns 1:00 Studio Knitting	<b>8</b> 9:30 Sewing OH 10:00 Writers 10:00 Open Bridge 9:30 Watercolor Workshop 10:30 Tai Chi 1:00 Mah Jongg 1:00 Library Downloads	<b>9 Medicare Part D Appts</b> 10:00 Beginning Portraiture 10:00 Yoga 12:00 Lunch 12:30 Colored Pencil Portraits 12:30-2 Blood Pressure Screening Y 12:45 Bingo 6:00 Social Services Commission 6:30 Options for Knee and Hip Pain RVNA	<b>10</b> 10:00 Feldenkrais 11-2 Free Sr Swim Y 11:15 Chair Yoga 11:30 Intro to Bridge 12:00 Bridge 1:30 Intermediate Bridge
<p><i>Items handmade by members of the Senior Volunteer Program are for sale in the Senior Center Lounge this week.</i></p>				
<b>13</b> 8:30 AAA Driving Improvement Program 10:00 Stage Your Home with Kathy Engstrom 10:00 Word Class 10:30 Line Dance Fusion 12:00 Movie 1:00 Encore Bridge	<b>14</b> 9:45 BeMoved 10:00 Oil/Acrylics 11:00 Yoga 12:00 Garden Club Lunch and Activity 12:30 Five Crowns 1:00 Studio Knitting 1:30 Mah Jongg 2:00 Caregiving through the Holidays Bridges (also at 5:30)	<b>15</b> 9:30 Sewing OH 10:00 Word Class 10:00 Open Bridge 9:30 Watercolor Workshop 10:30 Tai Chi 11:30 Thanksgiving Lunch 1:00 Mah Jongg	<b>16 Medicare Part D Appts</b> 10:00 Beginning Portraiture 10:00 Yoga 12:00 Lunch 12:30 Colored Pencil Portraits 12:45 Bingo	<b>17</b> 10:00 Jewelry Workshop 10:00 Feldenkrais 11-2 Free Sr Swim Y 11:30 Intro to Bridge 12:00 Bridge 1:30 Intermediate Bridge
<b>20</b> 10:30 Line Dance Fusion 12:00 Movie 1:00 Encore Bridge	<b>21</b> 9:45 BeMoved 10:00 Oil/Acrylics 11:00 Yoga 12:00 Duplicate Bridge 12:30 Five Crowns 1:00 Studio Knitting	<b>22</b> 9:30 Sewing OH 10:00 Open Bridge 10:30 Tai Chi 1:00 Mah Jongg	<b>23 Thanksgiving Day</b> <b>Senior Center Closed</b> 	<b>24</b> <b>Senior Center Closed</b>
<b>27</b> 10:30 Line Dance Fusion 12:00 Movie 1:00 Encore Bridge 2:15 WWC Book Discussion	<b>28</b> 9:45 BeMoved 10:00 Oil/Acrylics 10:00 Words Basics 11:00 Yoga 11:00 Book Discussion 12:00 Lunch 12:30 Mah Jongg 12:30-2 Blood Pressure Screening VM 12:30 Five Crowns 1:00 Studio Knitting	<b>29</b> 9:30 Sewing OH 10:00 Open Bridge 10:30 Tai Chi 12:00 Complimentary Lunch and Learn with Synergy Homecare 1:00 Mah Jongg	<b>30 Medicare Part D Appts</b> 10:00 Beginning Portraiture 10:00 Yoga 10:00 Conquer the Clutter with Kathy Engstrom 10:00 Internet Basics 12:00 Lunch 12:30 Colored Pencil Portraits 12:45 Bingo	<b>KEY</b> <b>BE</b> Bridges by EPOCH <b>OH</b> Ogden House <b>RVNA</b> Ridgefield Visiting Nurse Association <b>VM</b> Village Market <b>Y</b> Wilton Family Y



# DECEMBER 2017

Monday	Tuesday	Wednesday	Thursday	Friday
<div> <div>GUIDE TO WILTON SENIOR SERVICES</div> <div> <b>Social Services: 203-834-6238</b>  Sarah Heath, Director, Social Services  Lauren Hughes, Coordinator, Senior Services  Phoebe Musico, Adult and Family Social Worker   <b>Senior Center: 203-834-6240</b>  Lizabeth Doty, Coordinator, Senior Activities  Andrea Ragusa, Computer Learning Center </div> </div>				<b>1</b> 10:00 Feldenkrais 10:00 Jewelry Workshop 11-2 Free Sr Swim Y 12:00 Bridge 12:00 Parks and Rec Holiday Lunch 11:30 Intro to Bridge 1:30 Intermediate Bridge
<b>4</b> 10:30 Line Dance Fusion 11:00 Care for the Caregiver 12:00 Movie 1:00 Encore Bridge	<b>5</b> 9:45 BeMoved 10:00 Oil/Acrylics 11:00 Yoga 12:00 Garden Club and Activity 12:30 Five Crowns 1:00 Studio Knitting	<b>6</b> 9:30 Sewing OH 10:00 Open Bridge 10:30 Tai Chi 1:00 Mah Jongg 1:00 Duplicate Bridge	<b>7</b> <b>Medicare Part D Appts</b> 10:00 Yoga 11-12 Blood Pressure Screening 11:00 to 2:00 Game Day with First Light Home Care 12:00 Lunch  <b>Medicare Part D Open Enrollment Ends Today</b>	<b>8</b> 10:00 Feldenkrais 12:00 Bridge 11-2 Free Sr Swim Y 11:15 Chair Yoga 11:30 Intro to Bridge 1:30 Intermediate Bridge
<b>11</b> 10:00 Word Graphics 10:30 Line Dance Fusion 12:00 Movie 1:00 Encore Bridge	<b>12</b> 9:45 BeMoved 10:00 Oil/Acrylics 11:00 Yoga 12:30 Five Crowns 1:00 Studio Knitting 1:30 Mah Jongg	<b>13</b> 9:30 Sewing OH 10:00 Word Graphics 10:00 Open Bridge 10:00 Writers 10:30 Tai Chi 12:00 Lunch OH: Fire Fighters Lunch/ Middlebrook Singers 1:00 Library Downloads 1:00 Mah Jongg	<b>14</b> 10:00 Yoga 12:00 Lunch 12:30-2 Blood Pressure Screening Y 12:45 Bingo 2:00 Caregiving through the Holidays BE 5:30 Caregiving through the Holidays BE 6:00 Social Services Commission	<b>15</b> 10:00 Feldenkrais 10:00 Jewelry Workshop 11-2 Free Sr Swim Y 12:00 Bridge 11:30 Intro to Bridge 1:30 Intermediate Bridge
<b>18</b> 10:30 Line Dance Fusion 12:00 Movie 1:00 Encore Bridge 2:15 WWC Book Discussion	<b>19</b> 9:45 BeMoved 10:00 Oil/Acrylics 11:00 Yoga 12:00 Duplicate Bridge 12:30 Five Crowns 1:00 Studio Knitting	<b>20</b> 9:30 Sewing OH 10:00 Open Bridge 10:30 Tai Chi 1:00 Mah Jongg	<b>21</b> 10:00 Yoga 12:00 Lunch 12:45 Santa Bingo by Synergy HomeCare	<b>22</b> 10:00 Feldenkrais 11-2 Free Sr Swim Y 12:00 Bridge 11:30 Intro to Bridge 1:30 Intermediate Bridge
<b>25</b> Senior Center Closed 	<b>26</b> 9:45 BeMoved 10:00 Oil/Acrylics 11:00 Yoga 12:30 Mah Jongg 12:30-2 Blood Pressure Screening VM 12:30 Five Crowns 1:00 Studio Knitting	<b>27</b> 9:30 Sewing OH 10:00 Open Bridge 10:30 Tai Chi 1:00 Mah Jongg	<b>28</b> 10:00 Yoga 12:00 Lunch 12:45 Bingo	<b>29</b> 10:00 Feldenkrais 11-2 Free Sr Swim Y 12:00 Bridge 11:30 Intro to Bridge 1:30 Intermediate Bridge

***Santa Bingo, Dec. 21, 12:45 p.m. Prizes compliments of Synergy HomeCare***





**Wilton Senior Center  
Comstock Community Center  
180 School Road  
Wilton, CT 06897**

**BULK POSTAGE  
U.S. POSTAGE PAID  
PERMIT NO. 11  
WILTON, CT**

## **Introducing Chef Elizabeth “E” Chambers**

Elizabeth Chambers, who prefers to be known by her nickname “E,” left Florida four years ago with husband Chris and settled in Wilton. She left behind a career as an art buyer and administrator for an award-winning architectural firm in Tampa as she embraced a new life in the Northeast.

Cooking and volunteering have always been her passion. “E” attended cooking classes in Tampa and in Cortona, Italy. In 2010 she successfully completed the Master Course at the Wilton School of Cake Decorating and Design in Chicago.

In 2014 she joined the Wilton Woman’s Club and soon accepted a position on the Board as Hospitality Committee Chairperson. Through the Woman’s Club, she began cooking at Ogden House for monthly senior luncheons.

After several months observing and assisting Chef Karen in the Senior Center at Comstock, “E” became the Thursday chef when Chef Karen retired after a nine-year tenure. “E” is certified as a Food Manager and Food Safety Professional in the State of Connecticut. While cooking has become her career, “E” is also a licensed realtor.



***Lunch (\$3) is served on Thursdays at noon at the Senior Center.***